What's on

Your guide to activities, clubs and events in the borough

See centre pages

Waltham Forest

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Waltham Forest NEWS

Your Council keeping residents informed

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Issue 137

11 May 2015

Waltham Forest – Proud of our young people • Proud of our schools

Dear Resident

Our schools are more successful than ever, and like you we're incredibly proud of the thousands of hard-working students and teaching staff here in Waltham Forest.

Because of their efforts, our students are achieving above the national average at both Key Stage 2 and GCSE level – and the proportion of schools that are rated by Ofsted as 'Good' or better has improved from 67 per cent in August 2012 to 87 per cent today.

But the hard work is far from over - for us, our teachers, students, parents and carers. We're demanding a better deal for the borough's young people by asking Government to put in place fairer funding for our schools.

At present a primary teacher in one of our neighbouring Inner London boroughs receives on average £3,272 or 8.7 per cent a year more than primary teachers in Waltham Forest. On top of this, Waltham Forest receives funding to the tune of £5,197 per pupil while nearby Inner London boroughs like Hackney and Tower Hamlets receive £6,672 and £7,006 respectively. This is simply not fair.

We're also easing pressure on school places at both primary and secondary level, by creating extra classes in the areas that need them the most. Just last month, more than 85 per cent of children in Waltham Forest were given a place at their first choice primary school for this year – making the borough the fifth best in London for preferred place offers.

And, as the current law does not allow us to open a new school ourselves – instead requiring new schools to be academies and free schools – we will carry on working with the Department for Education to ensure that any new schools meet both the need for school places and support our ambition to give every child access to an outstanding education.

We want Waltham Forest to be the best place in London for young people to grow up. We'll work with you to make this happen.

Councillor Mark Rusling

Cabinet Member for Children and Young People

Waltham Forest

AIMING EVEN HIGHER

Waltham Forest's primary and secondary schools are more successful than ever – with overall results improving at both Key Stage 2 and GCSE level. We will work hard to continue this trend.

- The proportion of children achieving five A* to C GCSEs, including English and maths, now stands at 56.7 per cent – beating the national average of 53.4 per cent.
- Our primary schools have jumped from 90 to 34 in the national rankings for children successfully meeting national standards for reading, writing and maths.
- Key Stage 2 results in Waltham Forest also top the national average, with 81 per cent achieving level 4 or above in reading, writing and maths, above the national figure of 79 per cent.
- We have secondary schools in Walthamstow, Leyton, and Leytonstone that are in the top 100 schools in the country for student progress between Key Stage 2 and 4 – and primary schools in the top 100 for progress at Key Stage 1 and 2.

"As parents our aim is to match the learning and development environment of the school with an equally supportive one at home. Our son is full of creative ideas and expression so we ensure that he has the physical space, energy and motivation at home to try out new things and express himself. By making sure his needs are met at home, we feel he has the best chance of succeeding at school. I think this is a two way relationship and more than worth it for our child."

Munir Zamir, parent of Year 7 student Ibrahim at Norlington School for Boys, Leyton.

90 to 34

Our primary schools have jumped from 90 to 34 in the national rankings for children successfully meeting national standards for reading, writing and maths.

Alina

Walthamstow School for Girls

Walthamstow School for Girls is a high performing secondary school. Year 11 student Alina Khan is hoping to secure a string of A*s and As in her GCSEs this summer.

She said: "The school has a welcoming and warm atmosphere that nurtures your talents, helping you succeed in any sector you feel passionate in.

I have been inspired to continue studying History and the sciences at A Level and I am determined to pursue a career in paediatrics.

They provide all students with lots of opportunities to build an admirable record of achievement, allowing us to flourish as young independent women, empowering us throughout our five years at the school."

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Let's get ready to party!

Walthamstow Garden Party is set to return this July, following the overwhelming success of last year's inaugural outing

Last year, thousands of residents came together to enjoy dozens of free, family-friendly events laid on by the Council as part of the 'Get Together' programme. And the good news is that one of the highlights of last year's programme is set to return, after its maiden event proved a hit with local families.

The Council is once again joining forces with the Barbican and Create to host Walthamstow Garden Party, and you and your family can join us for two days of music and theatre, arts and crafts, food and drink and plenty of family-friendly activities in the beautiful surroundings of Lloyd Park (Forest Road, E17 5JW).

Taking place on Saturday 18 and Sunday 19 July from 12noon, the weekend will feature music and dance stages showcasing international and local talent, a story pavilion presenting local artists, writers and performers, stalls and workshops from local designer-makers in the Useful and Beautiful Craft Marquee and the Real Food Festival's extraordinary range of street food from across the world.

The full music line up has just been announced, and visitors can enjoy the sounds of Femi Kuti & The Positive Force Band, LA-33, Ghostpoet, Skatalites, Boy Blue Entertainment, Kasai All Stars, Sons of Kemet, Nozinja, The Heliocentrics and more.

The Barbican is also working with schools and young people from across the borough on projects such as the Barbican Junior Poets programme and a talent competition to encourage expression through language and performance.

The event is free to attend, no ticket is required.

More info

For more information on the Get together programme, visit **www.walthamforest.gov.uk/get-together** or phone **020 8496 3000**.

Free tickets for Grillstock Festival

In brief **Page 3**

Residents can be in with a chance of bagging free tickets to the inaugural Grillstock Festival in September. US favourites the Fun Lovin' Criminals (photographed by Paul Box) have been announced as the headline act for Saturday night

DON'T MISS

WALTHAM FOREST Get Together

GET TOGETHER TO ENJOY ANOTHER BRILLIANT YEAR IN WALTHAM FOREST

Another Brilliant Comedy Night

Tickets £12.50

Friday 19 June 2015, 7.30pm–11.30pm

Walthamstow Assembly Hall, Forest Road, Walthamstow, E17 4JD

www.anotherbrilliantcomedynight.eventbrite.co.uk

TICKETED EVENT

Parliamentary election results 2015

■ **Elections for Waltham Forest's three parliamentary constituencies took place on Thursday 7 May**

Chingford and Woodford Green

Iain Duncan Smith
Conservative Party

Iain Duncan Smith was elected as Member of Parliament for Chingford and Woodford Green with 20,999 votes.

Leyton and Wanstead

John Cryer
Labour Party

John Cryer was elected as Member of Parliament for Leyton and Wanstead with 23,856 votes.

Walthamstow

Stella Creasy
Labour and Co-Operative Party

Stella Creasy was elected as Member of Parliament for Walthamstow with 28,779 votes.

More info

For more information on elections and voting phone **020 8496 3000**, email **electoral.services @walthamforest.gov.uk** or visit **www.walthamforest.gov.uk/elections**.

Parliamentary results

Chingford and Woodford Green constituency

Anne Marjorie Crook, Liberal Democrats, 2,400
Iain Duncan Smith, Conservative Party Candidate, 20,999
Len Hockey, Trade Unionist and Socialist Coalition, 241
Bilal Mahmood, Labour Party Candidate, 12,613
Lisa Louise McKenzie, Class War, 53
Rebecca Siobhan Tully, Green Party, 1,854
Freddy Vachha, UK Independence Party (UKIP), 5,644

Leyton and Wanstead constituency

Mahtab Anwar Aziz, Independent, 289
Rosamund Catherine Beattie, UK Independence Party (UKIP), 2,341
John Robert Cryer, Labour Party, 23,856
Ashley Gunstock, Green Party, 2,974
Carl Oliver John Quilliam, Liberal Democrat, 2,304
Matthew Richard Scott, Conservative Party Candidate, 8,939

Walthamstow constituency

Steven Dominique Cheung, Liberal Democrat, 1,661
Stella Judith Creasy, Labour and Co-Operative Party, 28,779
Michael David Gold, Green Party, 2,661
Paul Hillman, UK Independence Party (UKIP), 2,507
Jonty Leff, Workers Revolution Party, 81
Ellie Merton, 129
Molly Samuel-Leport, Conservative Party candidate, 5,584
Nancy Taafe, Trade Unionist and Socialist Coalition, 394

In my opinion

Yashi Banymadhub

Resident, Walthamstow

The media is constantly barraging women with images of what is considered to be the 'ideal' body. One of the latest sexist adverts to have been splashed across London is Protein World's 'Beach Body' poster. The unmissable, bright yellow posters featuring a woman in a bikini have been stuck around various tube stations posing the question: 'are you beach body ready?'

This poster sums up pretty much everything I despise about how we mistreat and devalue women's bodies. Is the way to sell weight loss products really about shaming and guilt tripping women into buying them?

Our body-conscious culture can seriously knock the confidence of women and impose ideals that become unquestioned norms in the minds of impressionable young girls. Earlier this year, Apple and Google were under fire for introducing an app that described overweight women as 'ugly'. This plastic surgery game allowed young girls to alter a woman's image to a more standardised one, giving girls the impression that beauty is something that is artificially created and causing them to believe that their natural selves falls short of sociocultural standards of feminine beauty.

The mass media's use of models whose images have been altered so much that they do not resemble their real selves sends out the message that for a woman to be considered beautiful, she has to be unhealthy. Thinness is idealised and projects a dangerous concept of feminine beauty that can contribute to eating disorders like anorexia and bulimia. These disorders, triggered by concerns related to body dissatisfaction, can start as what is considered to be 'normal' dieting behaviour, such as the one being so obtrusively promoted by Protein World.

As images of tall, super-thin women are inescapable from the eyes of all women (due to images from magazines, television, music videos and more), unrealistic media images of women are so prevalent that they are considered to be normal, leaving most people unable to realise that such standards are unrealistic and unhealthy.

People angered by the Protein World poster held a demonstration dressed in beach wear at Hyde Park on Saturday 2 May. Londoners were encouraged to wear whatever they felt great in, whatever their size. Thousands more signed an online petition to have the posters removed from underground stations.

If you too would like to sign the petition visit **www.change.org/p/proteinworld-arjun-seth-remove-are-you-beach-body-ready-advertisements** and help to encourage a more positive representation of women in the media.

Want to have your say?

If you live or work in Waltham Forest, have something you'd like to get off your chest, and can do it in around 350 words; Waltham Forest News wants to hear from you. Email walthamforestnews@walthamforest.gov.uk and tell us what you'd like to write about.

Waltham Forest at 50

Council Leader, Chris Robbins, joined pupils from Edinburgh Primary School for a tour of Vestry House Museum, and to learn more about local history earlier this month

This is the first in a series of articles celebrating Waltham Forest as it reaches its 50th year. Council Leader, Chris Robbins, will be visiting organisations and Council services across the borough to celebrate the past, present and future of our borough.

Back in 1965, the Municipal Boroughs of Chingford, Leyton (incorporating Leytonstone) and Walthamstow came together under the London Government Act 1963, which officially recognised Greater London and created a new local government structure for the capital.

Since then, Waltham Forest has seen many changes. In more recent years we've had the excitement of the Olympic Games and the Tour de France, seen the transformation of the William Morris Gallery into a world-class museum and most recently the return of a permanent cinema after a 20 year absence.

Chris Robbins told Waltham Forest News: "In the coming weeks I will use this column to highlight some of the activities taking place to commemorate this important milestone, and share how the Council is working to make sure that our borough's future is bright."

Perhaps the perfect place to start when talking history is Vestry House Museum (Vestry Road, E17 9NH), which is run by Waltham Forest Council. The building was constructed as the parish workhouse in 1730. It was later used as a police station and private house, before opening as a museum in 1931.

It now contains displays capturing the unique heritage of the area; including the Bremer Car, a Victorian parlour, costume gallery and locally manufactured toys and games.

The museum also houses the Waltham Forest Archives and Local Studies Library, which can be used to research your family history, the history of your street, the development of local communities and more. You can view these resources free of charge, by appointment only.

Chris added: "I recently visited the archives to find out more about my area. I have lived in the same road in Leyton for more than 30 years but a visit to the archives unearthed some historical photos showing my street as I'd never seen it before."

As well as free, family-friendly activities, Vestry House Museum offers younger residents an educational schools programme. "While I was at the museum, I met Year 5 pupils from Edinburgh Primary School, said Chris Robbins. "They were learning more about the history of Walthamstow and looking at historical photos of the borough to compare 'then' with 'now'. I was delighted to see how keen they were to learn more about the local area and understand their place in the borough's history."

He continued; "While the regeneration of our borough continues apace and we endeavour to provide residents with the things they need to live a happy, healthy life, it's important that we don't lose sight of our borough's rich history. We're rightly proud of the achievements and contributions made by our residents past, present and future.

"We want to ensure that young people have the quality education and skills they need to succeed in life and contribute to our community and beyond. Judging by the happy, confident and inquisitive pupils I met, I can see that Waltham Forest is sure to have a bright future."

More info

For more information on Vestry House Museum visit www.walthamforest.gov.uk/vestry-house, phone **020 8496 4391**, or email **vhm.enquiries@walthamforest.gov.uk** or Twitter **@VestryHouse**. You can sign up for the Leader's e-newsletter by emailing **leader@walthamforest.gov.uk**.

Celebrating creativity

Blackhorse Lane is fast becoming a hub for the borough's creatives; giving access to the space and equipment they need to bring their ideas to life.

Dedicated to making and mending, Blackhorse Workshop (2 Sutherland Road, E17 6BJ) opened its doors last spring and offers access to fully-equipped wood and metal workshops.

Open six days a week, residents can build or fix anything from broken lamps and theatrical sets to bikes and furniture. Set up to meet the needs of everyone from amateurs to professionals, it can provide the perfect space for fledging businesses to feed off the unique creative spirit of this community of makers.

Local furniture designer, Laetita de Allegri, said: "It was a relief for us to find a space where we could not only design, but also build and make things with affordable costs and within a friendly environment."

Residents who want to try their hand at artistic pursuits can take advantage of daily, weekly or monthly rates at the Workshop, giving flexible access to creative activities on their doorsteps. The Workshop is kitted out with a wide range of tools, so you can partake in everything from welding to wood turning.

Support is also on hand from highly skilled technicians, and one-to-one advice sessions can be booked at an hourly rate. Storage options are also available (at an extra cost) for those needing space to house their creations.

"I can't think of a better transformation of a space in such a short time" said local resident David Duffy.

"This area is slowly transforming into more of a creative hub, and Blackhorse Workshop has really been a catalyst. There is something for everyone – for those who don't fancy making something, there is also the wonderful café, the monthly market and all sorts of foodie happenings, such as beer and cheese nights."

More info

For more information visit **www.blackhorseworkshop.co.uk** or phone **020 8531 1612**.

In brief

Grillstock Festival tickets

Grillstock – the UK's leading barbeque experts, and newest restaurant to open at Walthamstow's The Scene – are bringing the UK's biggest BBQ and music festival to Walthamstow on Saturday 5 and Sunday 6 September. Because the Council is hosting the event, residents have a chance to apply for free festival tickets. The tickets will be available online from 9am on Saturday 16 May on a first come, first served basis. You can apply for up to four tickets per household. You must be a resident of Waltham Forest to be eligible to apply, and can only apply for free tickets for one day of the festival, not both. The Council has secured 8,000 free tickets for residents for each day of the festival. While barbeque food is at the heart of the weekend, music nourishes the soul, with Walthamstow set to host headliners Fun Loving Criminals and Razorlight, along with Hip Hop legend Grandmaster Flash, DJ Yoda, The Cuban Brothers, and Hayseed Dixie. Festival organisers have said anyone attending Grillstock can expect 'the very best BBQ food this side of Kansas City'.

- **Free tickets are available to residents from 9am on Saturday 16 May on a first come, first served basis. To apply, visit www.walthamforest.gov.uk/get-together. Free internet access is available at all Waltham Forest Libraries.**

Primary School places

More than 85 per cent of children in Waltham Forest have been given a place at their first choice primary school this year – making the borough the fifth best in London for preferred place offers. While the number of people receiving their first choice fell in many parts of England, Waltham Forest bucked the trend, with 85.21 per cent getting their desired school. This tops the London average, which stands at 80.97 per cent. Council officers have been working hard to accurately project the need for places in different areas throughout the borough. The Council has spent in excess of £100million providing new places to meet demand since 2008. This has created a total of 32 additional classes at borough primary schools where the demand for places is highest.

- **To learn more about education in Waltham Forest, visit www.walthamforest.gov.uk/schools-colleges.**

Growth in action in Waltham Forest

Waltham Forest Council has five key priorities to help improve the lives of residents. In this edition we look at what is being done to help build a strong local economy and thriving town centres

The 'Growth in action' report sets out how the Council, its partners, local businesses and residents can help deliver a bright economic future for Waltham Forest

In September 2013, against a backdrop of confidence in the borough, Waltham Forest Council invited a commission of independent experts to look at the potential for growth over the next five years.

The commission process combined national expertise and significant local evidence to produce a report which is entirely bespoke to Waltham Forest. Their recommendations provided a blueprint for growth in the borough.

A changing landscape

Focused on how the Council can help Waltham Forest to stand out in London, the report looked to develop the borough's town centres, skills and jobs, housing and land use, transport and businesses.

Waltham Forest Council has set the agenda and vision for growth and will work with partners to drive positive economic change. It has also created two senior posts – Director of Housing and Growth and a Director of Regeneration and Growth – to invest in encouraging growth and clarifying priorities for regeneration.

Creating stand out partnerships

The Council is taking the lead on the creation of a new group of local authorities, the North East London Strategic Alliance; a strategic partnership with Barking and Dagenham, Enfield, Havering, Newham and Redbridge Councils to work together to develop a shared vision for North East London.

The Council is also a member of the London Stansted Cambridge Consortium and is continuing to seek funding from partners such as the GLA and Heritage Lottery Fund.

High Streets

The Council recently completed the second phase of an £11million high street improvement programme that has seen a swathe of public realm and shop front improvements in nine town centre locations across the borough. Further improvements are proposed for a number of high streets over the next 12 months.

Awareness raising work in relation to Waltham Forest as a place and all it has to offer has also been taking shape. The Council has encouraged people to support local businesses through their 'Buy it Local' campaign and launched a new Arts Strategy in April 2015.

The delivery of The Scene in Walthamstow town centre has helped create a successful combination of big and small business to increase footfall in the area. Elsewhere in Walthamstow, Blackhorse Lane has similarly seen growth with the establishment of the Blackhorse Workshop and the renovation and opening of Gnome House arts centre.

Other key priority areas for growth have been developed in a vision which identifies how to leverage investment from our excellent transport links and proximity to the Olympic Park, Lea Bridge Road and Walthamstow Wetlands.

Skills and jobs

The Council has been supporting residents to develop skills and find employment through a range of initiatives including a Jobs Fair attended by 1,100 job seekers, 39 employers and 16 support organisations. Around 500 individual advice sessions took place and 100 residents found work.

In all, 41 local young people have been engaged in the Council's apprentice scheme and the Council's employment team has committed developers to recruiting 1,000 local people to construction jobs or apprenticeships.

Transport

The Council has secured £30million from the Mayor of London to implement the Mini-Holland scheme, agreed funding to enable Lea Bridge Road station to reopen and has finally seen the new pedestrian link between Walthamstow Central and Queen's Road open.

Housing

The Council recently announced ambitious plans to see 12,000 new homes built in the borough over the next five years, 2,000 of which will be Council homes and 4,000 affordable homes.

The agreement in principle to the establishment of a Housing Zone in Blackhorse Lane and the Lea Bridge/Leyton area by the Greater London Authority earlier this year has opened doors wider to working closely with Housing Associations and private sector partners to see the Council meet its target.

More info

For more information and to read 'Growth in action' – Delivering the Growth Commission's recommendations', visit **www.walthamforest.gov.uk/growthcommission**. Free internet access is available at all libraries in the borough.

What you say

Residents tell Waltham Forest News what they think about the Council's work to build a strong economy and thriving town centres

Monique Valton, Walthamstow

"Making the borough more attractive for young people with leisure facilities and the like would be helpful. Maybe the Council could develop an App to say when there is availability for the pop-up shops?"

Javoy McKenzie, Walthamstow

"I definitely think there needs to be more affordable housing in the borough and maybe as well as the big chain restaurants that are moving in, more could be done to attract some really nice restaurants too."

Fatima Bibi, Walthamstow

"I live in Wood Street and have noticed the differences that have been made recently. There are some really good shops round here, but maybe some improvements in private housing would help too."

Abdul Aziz, Walthamstow

"I have lived here for 50 years and have certainly seen improvements in the area. It's got some good shops and great transport links, too. It would be good if other areas were invested in too."

Fitz Ehizoeie, Walthamstow

"I moved to Wood Street in 1998 and it is better than it was then. I think they need to be careful about safety when they carry out road improvements and I also think we need to build more houses to stop young people moving out of the borough."

Local economy

Priority:

We will help build a strong local economy and thriving town centres

Commitment:

- Support our schools and colleges to provide top quality education and training across the borough
- Work to improve our town centres so that they have the quality mix of shops and services that you want
- Actively promote a borough wide 'spend local' campaign to keep wealth in our borough and support local businesses
- Provide an investment fund for local businesses and services in our town centres

Priority: **We will keep your neighbourhood clean and safe**

Priority: **We will help all of our residents enjoy a good quality of life**

Priority: **We will support affordable housing for everyone's needs**

www.walthamforest.gov.uk/priorities

Waltham Forest

In brief

Bookie appeal

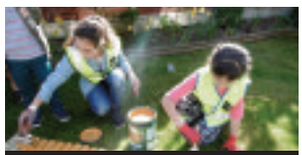
A betting shop that was refused permission to open on High Road Leytonstone has won an appeal to the National Planning Inspectorate in spite of widespread local opposition. The Council refused Paddy Power permission to set up what will be the sixth betting office in close proximity at 620 High Road. The Council cited the effect of the proposed development on the retail vitality and viability of the town centre and the potential for anti-social behaviour, but their decision was overturned.

• The Council's 'Creating a better place to live' campaign is committed to doing more to improve the borough's streets, and attract better shops and leisure facilities. Visit www.walthamforest.gov.uk/betterplace. Free internet access is available at all libraries in the borough.

Takeaway prosecution

The owner of an Indian takeaway that was found to be crawling with live cockroaches pleaded guilty to four offences at Thames Magistrates' Court on Friday 24 April. Last September, an Environmental Health Officer from Waltham Forest Council discovered a poor state of repairs in the food outlet, allowing cockroaches easy access to food preparation worktops. The premises was described as filthy; with floors, walls, units and equipment encrusted in long term deposits of grease and food waste. Mr Mohammed Islam, who had owned the now defunct Spice E4 in Hale End Road, was fined £620 for the failure to control pests and was ordered to pay costs in the sum of £1,950.

• For more information on food safety, visit www.walthamforest.gov.uk/food.



Children painted the flower bed borders as part of the spring clean

Gardening gathering

Residents gave a communal garden at Westbury Road, Walthamstow a good spring clean during a community event last month. Children helped to plant herbs, bamboo, shrubs and flower beds, while staff from Ascham Homes were on hand to provide support. Organiser Nelia Cetin, Chair of Hatherley House Tenants, Residents and Leaseholders Association said: "The idea behind the event was to get the community to bond. It was great to see everyone getting involved and having fun and the garden looks great."

(Clockwise from top left) The new town square created last year at Bakers Arms, Wingers Jewellers, the William Morris Gallery and Warner Homes near Lloyd Park

New conservation area consultation

- **Council consulting residents about two more borough conservation areas**
- **Have your say on proposals for the areas around Bakers Arms and Lloyd Park**

Waltham Forest already has 12 conservation areas that help protect and promote the best of the borough's heritage and built environment, and the Council is now launching a consultation proposing two more.

Residents are being asked to give their views on proposals for the areas around Lloyd Park and Bakers Arms town centre. Drop-in sessions are being arranged to help discuss the issues and a consultation document is being delivered to residents in the immediate vicinity of both proposed areas.

Cllr Clare Coghill, Cabinet Member for Economic Growth and High Streets, told Waltham Forest News: "Both of these areas are very special in their own right, and providing the protection that conservation area status affords will help us retain and enhance them for future generations.

"The special architectural and historic features in these unique locations give them each a character all of their own. It's important, as the borough goes through an unprecedented level of growth, that we are mindful of our heritage and preserve the appearance of the areas that make Waltham Forest special."

The main purpose of a conservation area is to acknowledge the special character of the area and to protect and enhance its historic and architectural significance.

This influences the way in which the Council, as the local planning authority, deals with planning applications and development proposals that may affect the area. Certain categories of work need planning permission when they affect buildings or structures in a conservation area. The character of these areas can include buildings, parks, trees, landscaping, paving and street furniture.

The architecture around Lloyd Park is particularly notable because of a significant amount of Warner Housing in the area. This has become a much loved feature of Walthamstow due to the high quality of design and materials. The properties are constructed from red brick, with a uniform appearance, and small front gardens with railings and privet hedges.

The proposed conservation area also includes a remnant from the historic rural past, with the grade 2* listed William Morris Gallery sitting within the grounds of Lloyd Park.

Bakers Arms is located on the historic crossroads of Lea Bridge Road, Hoe Street and High Road Leyton. The area includes the grade 2 listed historic Master Bakers Benevolent Institution Almshouses erected between 1857 and 1866.

The area also includes the former Bakers Arms public house, which is still a prominent landmark in the heart of the proposed conservation area; the 1930s art-deco inspired Iceland building (ex-Woolworths); and Wingers Jewellers – a fine example of a traditional high street shop front.

The Bakers Arms area has recently benefited from significant investment to some shops including replacement signage and works to improve some upper floors. Improvements to the public realm, including new paving, lighting and street furniture, have also been completed. They have helped give the area a stronger identity and have highlighted some of its attractive architectural and historic features.

Both consultations launch on Friday 15 May and run for a four-week period through to Monday 15 June. The Council will deliver letters to all residents and businesses within the proposed areas and will also be holding public drop-in sessions.

For the Lloyd Park area, the drop-in session will be held in the Acanthus Room of the William Morris Gallery (Forest Road, E17 4PP) on Wednesday 3 June between 4pm and 8pm and for the Bakers Arms area at the Hornbeam Centre (458 Hoe Street, E17 9AH) on Thursday 4 June between 3pm and 7pm.

More info

For more information visit **www.walthamforest.gov.uk/conservation-areas** email comments to the Urban Design Team at **Urbandesign@walthamforest.gov.uk** or phone **020 8496 3000**.

Love your local market

- **Council calls on residents to get behind local markets**
- **Love Your Local Market 2015 runs from 13 to 27 May**

Get down to your local market and see what's on offer

With a host of fantastic markets in the borough – and of course the longest outdoor street market in Europe – Waltham Forest has every reason to get behind the Love Your Local Market 2015 campaign.

The Council is certainly throwing its weight behind the campaign that is led by the National Association of British Market Authorities. Cllr Clare Coghill, Cabinet Member for Economic Growth and High Streets, told Waltham Forest News: "Markets are hugely important. They provide everything from the everyday produce we all need, to a whole range of products that other retailers often don't stock. They are notoriously able to adapt to the changing wants and needs of the communities they serve because they react to what sells so directly.

"What's more, markets rightly have a reputation for providing great value and the freshest of produce. And here in Waltham Forest we have some brilliant examples of really vibrant markets."

The word Walthamstow has become synonymous with the word market given the fame its mile-long parade of stalls has brought to the High Street over the 125 years it has been in operation. The fact it is still going strong Tuesday to Saturday is testament to the focal point it provides to the local community.

But up and down the borough there are also numerous farmers' markets held at different times. Walthamstow itself welcomes London Farmers' Market every Sunday, while Essex Farmers' Market visits Highams Park the fourth Sunday of every month and Station Road in North Chingford the second Sunday of every month.

Essex Farmers' Market is also currently running a pilot at Chingford Mount on the second Thursday of each month between 9am and 5pm. And not content with just a Sunday market, Station Road also hosts a market on the fourth Saturday of every month. The market is run by local retailers under the guise of the Love North Chingford Association.

Over 900 markets across the country are taking part in Love Your Local Market and since the campaign began in 2012 participants have staged over 11,000 events.

Graham Wilson OBE, Chief Executive of the National Association of British Market Authorities said: "Love Your Local Market is the biggest market event in a generation. It gives people the chance of a new career and demonstrates how important the market is to the local community."

More info

For more information about the borough's markets visit the Council's website at **www.walthamforest.gov.uk/markets-information** or phone **020 8496 3000**. For more information about the Love Your Local Market campaign visit **www.loveyourlocalmarket.org.uk**. Free internet access is available at all libraries in the borough.

In brief

Busy people can still volunteer thanks to the new TCV scheme

Speed volunteering

The Conservation Volunteers (TCV) is offering residents of Waltham Forest 'speed volunteering' opportunities. The scheme encourages busy Londoners to try out volunteering by signing up for short, sharp bursts of activity, which fit around their schedules. The programme will enable volunteers to improve local outdoor spaces through activities such as hedge-laying, tree planting and path creation. The sessions are three hours long and can be extended up to six hours if volunteers want to do more.

- **For more information on how to volunteer, email Rowan Schnauer at r.schnauer@tcv.org.uk or phone 020 7278 8508. For details of all TCV opportunities in London, visit www.tcv.org.uk.**

FREE TRAINING

FREE SPRING BANK HOLIDAY CYCLE TRAINING FOR CHILDREN AND FAMILIES

Why not have a family fun day out this Spring bank holiday while brushing up on your cycling skills.

Our **FREE** cycle training is for anyone living, working or studying in the borough age seven or over.

Whether you are a complete novice or a budding Tour de France rider, brushing up or learning new skills is always beneficial. This training is also perfect if you want to build your confidence, or simply want a fun day out with the family. Two training sessions will be held each day from 26 to 29 May and can be done in groups or individually. Children's bikes and a limited number of adult bikes will be available (please confirm if you need a bike when booking).

The sessions are delivered through our training partner, Cycle Confident, who also offer free individual training sessions at a time and location to suit you.

To find out more, and to register for your free training, visit **www.enjoywalthamforest.co.uk/get-involved/cycle-training** or call **020 3031 6730**.

WALK CYCLE ENJOY

Cycle WALTHAM FOREST

www.enjoywalthamforest.co.uk

TRANSPORT FOR LONDON

MAYOR OF LONDON

Waltham Forest

Sports and fitness

Total Body Toning

Tuesdays, 7.30–8.30pm
North Chingford Methodist Church, Station Road, E4 7BJ
An uplifting full body resistance workout to tone, strengthen and burn calories. Includes use of weights, bodybars, gliding discs and rubber tubing, followed by a floor work and stretching section. Taught to motivating music. First class free, then £27 per month. **Please phone Lucilla on 07956 695 077 to book your space or email lucilla@onestopfitness.co.uk.**

Ladies Tap Dancing Classes

Thursdays from 12.15pm
St Edmund's Church Small Hall, Larkswood Road, E4 9DS
Beginners' classes start at 12.15pm, with improver's sessions from 12.30pm. Classes are also available on Tuesday evenings. £4 per class. **For more information phone Mandy on 07976 786 404 or 01992 524681.**

Massage Therapy

Mondays, 2.30–9.30pm
The Score Centre, 100 Oliver Road, E10 5JY
Rejuvenate your body and mind. Give yourself a break from the busy London lifestyle with a professional massage tailored to your needs. Treatments include deep tissue massage, holistic massage and reiki. Fully qualified and insured practitioner with 12 years' experience. £45 per hour, 10% off first booking. Cash or cheque only. **For more information, or to book, phone Sabrina on 07521 476 573, email zenfalco@hotmail.co.uk or visit www.zenfalco.com.**

West Essex Ramblers

Saturday 23 May, 10am
Meet at Rangers Road car park, E4 7QH
Join us for a six mile circular forest walk, including a brief stop at the High Beach tea hut. This friendly rambling group offers four walks a week, short and long, London and country on Saturdays, Sundays, Wednesdays and Thursdays, times vary. Sorry, no dogs. **For a sample programme phone 020 502 1628 or visit www.westessexramblers.org.uk.**

Capoeira Classes

Mondays and Wednesdays, 6.15–7.30pm
Walthamstow Leisure Centre, 243 Markhouse Road, E17 8RN
Capoeira is a unique Brazilian art-form that combines elements of martial arts, dance, music and acrobatics. Training involves all muscle groups and exercises the whole body and mind. Capoeira is suitable for people of all ages, backgrounds and abilities and is a fantastic activity for children because of its many elements. Great work out, great fun – come and enjoy capoeira! First class free, then £9 per class. Discount available for children and students. **For more information phone 0746 2745 158, email sacimaculelecapoeira@gmail.com or visit www.sacimaculele.com.**

Ashtanga Yoga

Mondays, 7–8.30pm
The Mill, 7–11 Coppermill Lane, E17 7HA
Fast flowing dynamic yoga class for spiritual and physical wellbeing. Great for cleansing, increasing fitness, flexibility and balance with a calming relaxation to finish. £11 drop in or £10 with a loyalty card. **For more information and bookings please email josettayoga@hotmail.co.uk or phone 07554 440 499.**

Ashtanga Yoga

Fridays 9.45–11.15am
Quaker Meeting House, 1a Jewel Road, E17 4QU
Fast flowing dynamic yoga class for spiritual and physical wellbeing. Great for cleansing, increasing fitness, flexibility and balance, with a calming relaxation to finish. Please bring your own mat. Term time only (no class 29 May) £12 drop in or £11 with a loyalty card. **For more information and bookings please email josettayoga@hotmail.co.uk or phone 07554 440 499.**

Donation Yoga for All Bodies

Tuesday, Wednesday and Saturday mornings
United Reformed Church, 58 Orford Road, E18 9QL
Learn how to move with the breath to loosen up stiffness, develop strength, good postural alignment and ways to balance the hormones to maximise health and vitality. Come and join Sarah, registered Yoga Alliance teacher, at these friendly local classes. **For more information email enquiries@yoyoga.co.uk, visit www.yoyoga.co.uk or phone or text Sarah on 07815 120 792.**

Free Lawn Green Bowling Coaching

Saturdays until August, 10.15am–12.30pm
Silverthorn Bowls Club, Ropers Avenue Ground, E4 9EJ
The club invites local people to come and enjoy the sport of Lawn Green Bowls. Junior sessions for 11 to 16 years, no upper age limit for adults. Mums, dads, grandmas and granddads; make it a family affair. We assure you of a warm welcome and the opportunity to make new friends. We have a warm, friendly club house and free refreshments on the day. No obligation to join. Please wear flat shoes only. **To book a place phone June on 020 8531 6619, or just turn up on the day wearing flat shoes.**

Clubs and community

Bereavement Support Group

Second and fourth Tuesday of every month, 2–3pm
Blackhorse Road Baptist Church, 65 Blackhorse Road, E17 7AS
For those who have lost a special person in their life and want to meet with others who may understand how they feel. Just drop in. **For more information phone Diane Crow on 020 8556 0356 or email diane.crow@btinternet.com.**

Whipps Cross Hospital League of Friends

First Saturday of every month, 7am–12noon
Whipps Cross Hospital car park, Whipps Cross Road, E11 1NR
The League of Friends for Whipps Cross Hospital need volunteers to help at its monthly fete. Help is needed to put out and sell refreshments, bric-a-brac, books and all manner of new and donated goods. We are especially looking for younger volunteers but all are welcome to keep this wonderful cause that helps Whipps Cross Hospital with funds. **For more information phone Brenda on 020 8556 3492.**

E17 Swedish Language Course

Monday and Wednesday evenings, tbc
Hornbeam Café, 458 Hoe Street, E17 9AH
Learn Swedish in these beginners/intermediate classes. Relaxed and fun for adults. Pay £60 for a half term of six, 60 minute lessons in a small group. Daytime lessons also available. **For more information phone Christian Karlsson on 07958 471 083, email chris@e17swedish.com or visit www.e17swedish.com.**

Christian Aid Coffee Morning

Saturday 16 May, 10am–12.30pm
St. Andrews Church, St Andrews Road, E17 6AR
Jewellery, crafts, toiletries, raffle, cakes and much more. Light refreshments and car parking available. Come and browse, have a coffee and cake and help us to support some of the poorest people of our world.

Car Boot Sale

Saturday 30 May, times tbc
Aspray House Care Home, 481 Lea Bridge Road, E10 7EB
Aspray House will be holding a Car Boot Sale to help raise funds for the residents of our care home. If anyone is interested in booking a pitch it is £8. The money we raise from the pitches sold and our own stall will go toward our Residents Activities Fund to help pay for outings and sensory equipment for our residents. Refreshments and cakes will be sold on the day from Aspray House. **If you are interested in having a pitch, please phone 020 8558 9579 and ask for Sonia or Elise (Activities Team).**

Church Lane Market

Saturday 16 May, 11am–4pm
Church Lane, E11 1HG
Exciting new street market in Leytonstone featuring handmade arts and crafts, homemade foods, novelty items and more! **For more information, visit www.churchlanemarket.weebly.com or email churchlanemarket@outlook.com.**

Speak English with Confidence (SpEC)

Mondays and Tuesdays, 10–11am
South Chingford Community Library, 265 Chingford Mount Road, E4 8LP
Free weekly classes to improve your English and meet people. Children are welcome. Monday sessions are for beginners, while Tuesday sessions are for intermediates and advanced. **For more information, visit www.spec-london.org or email lingard.jo@gmail.com.**

Pear Tree House Jumble Sale

Saturday 23 May, 10.30am–2pm
Pear Tree House Care Home is holding a jumble sale to raise money for its Residents' Social Fund. The money raised will help elderly people with Alzheimer's and Dementia to enjoy life more. We will also be selling tea, coffee and cake. We hope you will support us.

Culture and crafts

Piano and Guitar Tuition

Flexible dates and times available
Learn to play a range of musical styles from the comfort of your own home. Suitable for both children and adults. Covers all levels from complete beginner to advanced. Styles include classical, jazz, Spanish and world music. Exam preparation included with a current 100% pass rate. £30 per hour, £10 discount on the first lesson. A discount is also available on multiple lesson purchases. Fully qualified and CRB certified. **For more information, phone Paul on 07515 156 331 or email paul.mountford@hotmail.co.uk.**

Chapel End Savoy Players – The Gondoliers

Thursday 28 to Sunday 31 May, 7.30pm
Saturday and Sunday matinee, 2.30pm
The Deaton Theatre, Forest School, Oakhurst Gardens, E17 3PY
Chapel End Savoy Players present Gilbert and Sullivan's delightful opera 'The Gondoliers'. Tickets cost £5 to £14, depending on concession. All performances will be fully costumed and accompanied by an orchestra. The venue has disabled facilities, and there will be refreshments available in the interval. **For more information phone 020 8527 0215 or email boxoffice@cesp.org.uk.**

B.I.G. Gospel Choir

Saturdays, 4.30–6pm
All Saints Church, Church Avenue, Highams Park, E4 9QD
Come and join the friendly Waltham Forest section of The B.I.G. Choir, finalists of Songs of Praise Gospel Choir of the Year and part of the first Gospel Proms. **For more information visit http://bigchoir.co.uk.**

'If Not Now' Exhibition

Until Saturday 23 May, times vary
The Mill, 7–11 Coppermill Lane, E17 7HA
Award-winning photographer Michael Whelan is set to capture older residents from around the UK to form a major photography project to commemorate 50 years of Contact the Elderly. Funded by Arts Council England. The exhibition is open during The Mill's normal operating hours. **For more information visit www.themill-coppermill.org, phone 020 8521 3211 or email info@themill-coppermill.org.**

East Side Jazz Club

Every Tuesday from 8.30pm
Tommy Flynn's, 692 High Road Leytonstone, E11 3AA
Join us on 12 May for Alan Barnes (alto and baritone saxes), Bruce Adams (trumpet and flugel), Mike Gorman (keyboard), Geoff Gascoyne (bass) and Clive Fenner (drums). And on 19 May for Mornington Lockett (tenor sax), John Critchinson (piano), Andrew Cleyndert (bass) and
Clive Fenner (drums). Admission costs £6. **For programme details, photos, jazz jukebox, how to find us and more, visit www.eastsidejazzclub.blogspot.co.uk, phone 020 8989 8129 or email eastsidejazzclub@gmail.com.**

Whitsun Daze

See inside for playschemes, events, activities and entertainment

Activities for children under 5

Activities for children aged 5 to 11

Activities for young people aged 11 to 19

Activities for all ages

Looking for something to do during the **Half Term** break?

Please check the What's On section of the Children and Young People's Directory for events taking place in the borough every day, including Half Term: **www.walthamforest.gov.uk/cypd**

Waltham Forest

Activities for children under 5

REDWOOD PRE-SCHOOL HOLIDAY PLAYSCHEME

2 TO 7 YEARS

Tuesday 26 to Friday 29 May 2015
8am to 9.30am Breakfast Club
9.30am to 4.30pm All Day Provision
4.30pm to 6pm Teatime Club
Redwood Pre-School
The Bell Centre
3 Holloway Road
Leytonstone
E11 4LD

Redwood holiday playscheme offers a caring, fully inclusive and safe environment for all children with planned daily themes focused on fun! Places are limited so book early to avoid disappointment.

From £14 per day (3 to 7 years)
From £17 per day (2 years)

020 8539 8559
redwoodpreschool@btconnect.com
www.redwoodpreschool.org.uk

EDWARD LLOYD – BOOK MAKING

2 TO 12 YEARS

Tuesday 26 May 2015
11am to 2pm
Aveling Centre Community Room
Lloyd Park
Forest Road
Walthamstow
E17 4PP
(Located by the café and play area)

To mark the centenary of publisher Edward Lloyd of Lloyd park. Come and learn about him and make your own book or even a 'penny dreadful'. We will try to include everybody, but participation is on a first-come basis.

★ **FREE** ★

Vicky Peet
07870 678 571
v.peet@tcv.org.uk

FREE STAY AND PLAY SESSIONS FOR LOCAL FAMILIES

0 TO 5 YEARS (SIBLINGS WELCOME)

Monday to Friday all year round

Leytonstone Children's Centre
10am to 12pm and 2pm to 4pm

Langthorne Park
1pm to 3pm

Leytonstone Children's Centre
8 Cathall Road
Leytonstone
E11 4LF

Langthorne Park
Birch Grove
Leytonstone
E11 4YG

Art and crafts, messy play, bikes and trikes, mini-gym, music and movement, stories and rhyme time and lots of fun!

★ **FREE** ★

Anna Rinaldi
020 8496 2960
anna.rinaldi@leytonstonechildrenscentre.org.uk

STAY AND PLAY

0 TO 5 YEARS

Monday 25 May 2015
9.30am to 11am – Chingford Hall
1.30am to 3pm – Parkside Centre
Tuesday 26 May 2015
9.30am to 11am – Handsworth Avenue Health Centre
Thursday 28 May 2015
9am to 10.30am – Parkside centre
Friday 29 May 2015
9.30am to 11am – Chingford Hall
9.30am to 11am – Coney Burrows Community Centre

Chingford Hall Children's Centre
4 Burnside Avenue
Chingford
E4 8YJ

Parkside Centre
82 Peel Close
Chingford
E4 6XQ

Handsworth Avenue Health Centre
Handsworth Avenue
Chingford
E4 9PD

Coney Burrows Community Centre
31 Coney Burrows
Chingford
E4 6EB

Be creative with your child and learn all about the first curriculum which will support your child's learning for life.

★ **FREE** ★

Chingford Children's Centre
020 8496 1551
help@chingfordchildrencentre.org

RHYME AND STORY TIME

6 MONTHS TO 5 YEARS

Wednesday 27 May 2015
1.30pm to 2.30pm
Café at Parkside Centre
82 Peel Close
Chingford
E4 6XQ

Enjoy a world of imagination through stories and rhymes to promote creativity and language development.

★ **FREE** ★

Chingford Children's Centre
020 8496 1551
help@chingfordchildrencentre.org

LET'S GET CREATIVE

2 TO 5 YEARS

Thursday 28 May 2015
9.30am to 11am
Chingford Hall Children's Centre
4 Burnside Avenue
Chingford
E4 8YJ

You and your child will be able to try new tools and techniques to create beautiful artwork and sculptures. We will be making story boxes, instruments and learning ideas and techniques to use at home.

★ **FREE** ★

Chingford Children's Centre
020 8496 1551
help@chingfordchildrencentre.org

Please check the What's On section of the Children and Young People's Directory for events taking place in the Borough every day, including Half Term:
www.walthamforest.gov.uk/cypd

Activities for children under 5

ROLLERS AND CRAWLERS

0 TO 18 MONTHS

Thursday 28 May 2015
1.30pm to 3pm
Parkside Centre
82 Peel Close
Chingford
E4 6XQ

Babies and parent/carers can enjoy meeting friends and exploring toys which extend learning.

★ **FREE** ★

Chingford Children's Centre
020 8496 1551
help@chingfordchildrencentre.org

YOU AND YOUR NEW BABY

0 TO 1 YEARS (PRE-CRAWLERS)

Tuesday 26 May 2015 10am to 12pm
The Lloyd Park Centre

Friday 29 May 2015 10am to 12pm
Higham Hill Children's Centre

The Lloyd Park Centre
Winns Avenue Entrance
Lloyd Park
Walthamstow
E17 5JW

Higham Hill Children's Centre
313 Billet Road
Walthamstow
E17 5PX

For parents to share experiences with and enhance knowledge of how babies learn in their first year. Providing stimulating experiences for babies.

£2 first child
50p siblings

020 8531 9522

THEATRE BUGS

0 TO 5 YEARS

Friday 29 May 2015
1pm to 1.40pm (0 to 2 years)
2pm to 3pm (2 to 5 years)
Chingford Hall Children's Centre
4 Burnside Avenue
Chingford
E4 8YJ

Come on an imaginative journey with puppet friends, songs and rhymes.

★ **FREE** ★

Chingford Children's Centre
020 8496 1551
help@chingfordchildrencentre.org

GROW WILD

2 TO 12 YEARS

Tuesday 26 May 2015 10am to 11.30am (2 to 5 years)

Wednesday 27 May 2015 4pm to 6pm (5 to 12 years)

Friday 29 May 2015 1.30pm to 3pm (2 to 5 years)

The Lloyd Park Centre
Winns Avenue Entrance
Lloyd Park
Walthamstow
E17 5JW

An exciting outdoor play session, come prepared for all weathers.

£2 first child
50p siblings

020 8531 9522

PARENT AND TODDLER

0 TO 5 YEARS

Thursday 28 May 2015
1.30pm to 3pm
Higham Hill Children's Centre
313 Billet Road
Walthamstow
E17 5PX

Fun and stimulating play session for you and your children.

£2 per child
50p siblings

020 8527 1737

Please check the What's On section of the Children and Young People's Directory for events taking place in the Borough every day, including Half Term:
www.walthamforest.gov.uk/cypd

Activities for children aged 5 to 11

EDWARD LLOYD BOOK MAKING

2 TO 12 YEARS

Tuesday 26 May 2015
11am to 2pm
Aveling Centre Community Room
Lloyd Park
Forest Road
Walthamstow
E17 4PP
(Located by the café and play area)

To mark the centenary of publisher Edward Lloyd of Lloyd Park. Come and learn about him and make your own book or even a 'penny dreadful'. We will try to include everybody, but participation is on a first-come basis.

★ **FREE** ★

Vicky Peet
07870 678 571
v.peet@tcv.org.uk

MINI BEASTS OF LLOYD PARK INCLUDING POND DIPPING

2 TO 12 YEARS

Thursday 28 May 2015
11am to 2pm
Aveling Centre Community Room
Lloyd Park
Forest Road
Walthamstow
E17 4PP
(Located by the café and play area)

Explore the tiny wonders of Lloyd Park. Search for mini beasts and have a go at pond dipping. We will try to include everybody, but participation is on a first-come basis.

★ **FREE** ★

Vicky Peet
07870 678 571
v.peet@tcv.org.uk

SWIMMING INTENSIVE CRASH COURSE

3 TO 12 YEARS

Tuesday 26 to Friday 29 May 2015
8.30am to 10.30am
Sylvestrian Leisure Centre
Forest School
College Place
Walthamstow
E17 3PY

4 day crash course available for non-swimmers through to improvers.

£24

020 8509 6526
enquiries@sylvestrian-leisure.co.uk

CHILDCARE PROVISION CLUB

6 TO 11 YEARS

Monday 25 to Friday 29 May 2015
8am to 6pm
St. Patrick's RC Primary School
Longfield Avenue
Walthamstow
E17 7DP

We offer a wide range of activities which includes sports, art and crafts, baking, computer activities, trips and movie evening (Fridays only). We also provide three nutritional meals included in cost.

£20 per day
£10 per day (second child/siblings)

Miss H Allen
020 8509 4321
07821 991 622
hellenallen@st-patricks.waltham.sch.uk

THE GRUFFALO: STORIES AND DRAMA

5 TO 7 YEARS

Friday 29 May 2015
3pm to 4pm
Higham Hill Library
North Countess Road
Walthamstow
E17 5HS

Walk into the deep dark wood, and discover what happens when the quick-thinking mouse comes face to face with an owl, a snake and a hungry Gruffalo. Visit our website to reserve your place or book at the library.

★ **FREE** ★

020 8496 3000
librarypromotions@walthamforest.gov.uk
www.wfculture.eventbrite.com

Please check the What's On section of the Children and Young People's Directory for events taking place in the Borough every day, including Half Term:
www.walthamforest.gov.uk/cypd

Activities for children aged 5 to 11

CELEBRATE AFRICA! PAST

5 TO 8 YEARS

Saturday 23 May 2015
1pm to 2pm
Walthamstow Library
High Street
Walthamstow
E17 7JN

Participate in the creation of a dramatised story based on a period of Africa's history and complete a large-scale timeline of key African historical events.

★ **FREE** ★

020 8496 3000
librarypromotions@walthamforest.gov.uk
www.wfculture.eventbrite.com

CELEBRATE AFRICA! PRESENT

3 TO 12 YEARS

Saturday 23 May 2015
2.30pm to 3.30pm
Walthamstow Library
High Street
Walthamstow
E17 7JN

Learn about the amazing geography and landscapes of Africa and create a scene with origami animals. You can have your face painted too! Visit our website to reserve your place or book at the library.

★ **FREE** ★

020 8496 3000
librarypromotions@walthamforest.gov.uk
www.wfculture.eventbrite.com

CELEBRATE AFRICA! POTENTIAL

9 TO 11 YEARS

Saturday 23 May 2015
4pm to 5pm
Walthamstow Library
High Street
Walthamstow
E17 7JN

Discover well known and obscure people who have shaped the development of Africa in both rural and urban areas, then design your future self-portrait. Visit our website to reserve your place or book at the library.

★ **FREE** ★

020 8496 3000
librarypromotions@walthamforest.gov.uk
www.wfculture.eventbrite.com

QUEST FOR KINGS, QUEENS AND CASTLES

7 TO 11 YEARS

Tuesday 26 May 2015
2pm to 3pm
Lea Bridge Library
Lea Bridge Road
Leyton
E10 7HU

Lower the drawbridge, cross the moat and join the Knight of Knowledge on a medieval quest to discover life inside a castle, singing regal rhymes and encountering famous kings and queens. Visit our website to reserve your place or book at the library.

★ **FREE** ★

020 8496 3000
librarypromotions@walthamforest.gov.uk
www.wfculture.eventbrite.com

IMAGINE… JOHN LENNON

7 TO 11 YEARS

Wednesday 27 May 2015
2pm to 3pm
Hale End Library
Castle Avenue
Highams Park
E4 9QD

'John' recreates the 1960s through drama activities and music as he tells you about his family and travels, love of music and his years with The Beatles. Believe in yesterday! Visit our website to reserve your place or book at the library.

★ **FREE** ★

020 8496 3000
librarypromotions@walthamforest.gov.uk
www.wfculture.eventbrite.com

Please check the What's On section of the Children and Young People's Directory for events taking place in the Borough every day, including Half Term:
www.walthamforest.gov.uk/cypd

Activities for children aged 5 to 11

THE RAINBOW FISH AND WHERE THE WILD THINGS ARE

5 TO 7 YEARS

Thursday 28 May 2015

2pm to 3pm

Leyton Library
High Road
Leyton
E10 5QH

Meet the rainbow fish in this magical tale of friendship and sharing. Then journey to a strange land of mysterious monsters to join in the wild rumpus! Stories and drama. Visit our website to reserve your place or book at the library.

★ **FREE** ★

020 8496 3000
librarypromotions@walthamforest.gov.uk
www.wfculture.eventbrite.com

CELEBRATING HERITAGE: FAMILY POETRY WORKSHOP

5 TO 12 YEARS

Friday 29 May 2015

2pm to 3.30pm

Wood Street Library
Forest Road
Walthamstow
E17 4AA

Join local artist and poet, Hassan Vawda, for a series of captivating poetry workshops exploring the heritage stories of Waltham Forest's Pakistani settlers. Visit our website to reserve your place or book at the library.

★ **FREE** ★

020 8496 3000
librarypromotions@walthamforest.gov.uk
www.wfculture.eventbrite.com

TLECH HOLIDAY PLAYSCHEME

4 TO 12 YEARS

Tuesday 26 to Friday 29 May 2015

8am to 6pm (Early drop off 7:50am and late pick up 6.10pm)

The Listening Ear and Caring Hands
13 Newcomen Road
Leytonstone
E11 3PU

TLECH Holiday Playscheme provides a range of fun activities to meet every child's needs from art and crafts, Wii, Xbox, play dough, swimming, cinema, bowling and trips to exciting places twice a week.

£15 per day (extra charge for trips)

Cecilia Korsah
020 8555 4621 or 07951 234 864
ceciliakorsah@live.com

HOLIDAY PLAYSCHEME AT THE LIMES

5 TO 12 YEARS

Wednesday 27 and Thursday 28 May 2015

10am to 3.30pm

The Limes Community and Children's Centre
6 Somers Road
Walthamstow
E17 6RX

Come and Play in our amazing adventure playground, sensory room or soft play! We have a range of activities from cooking to mini beast hunting we have something for everyone.

All facilities are fully accessible. Personal care can be provided. Staffing ratios: 1:1 or 1:4 depending upon the needs of the individual child.

£7.50 and 5.5 short break hours for those with an allocation

£16.50 for non-disabled children

Please get in touch for Direct Payment options

Elen Evans
020 8509 8985
admin@thelimes.org.uk

MAY HALF TERM PLAYSCHEME

3 TO 8 YEARS

Tuesday 26 to Friday 29 May 2015

8am to 6pm

Low Hall Nursery School and Children's Centre
Low Hall Lane
Walthamstow
E17 8BE

Half term playscheme with lots of exciting activities including painting, clay, music, soft play, pond dipping and gardening. We have qualified/ DBS checked staff and an "Outstanding" Ofsted rating.

£25 per day

£24 per day (siblings)

Breakfast and tea included

Mary Hare
020 8520 1689
school@lowhall.waltham.sch.uk

Please check the What's On section of the Children and Young People's Directory for events taking place in the Borough every day, including Half Term:
www.walthamforest.gov.uk/cypd

Activities for children aged 5 to 11

CHILDCARE SOLUTION AT ST SAVIOUR'S HALL

4 TO 13 YEARS

Monday 25 to Friday 29 May 2015

8am to 6pm

St Saviour's Hall
34 Verulum Avenue
Walthamstow
E17 8ER

Our holiday club is an amazing experience for children to experiment, investigate and explore. Children have the opportunity to take part in fun filled activities which will accommodate the needs of every child. This includes arts and crafts, African drumming, yoga, IT, latest games consoles, Walthamstow Leisure Centre, cinema, Quasar, Tumble in the Jungle and much more!

£22 per day (if booked in advance)
Sibling discount available

Bonnie Ephgrave
07951 157 070 or 07572 330 664
info@childcare-solution.com
www.childcare-solution.com

CHILDCARE SOLUTION AT OUR LADY AND ST GEORGE'S PRIMARY SCHOOL

4 TO 13 YEARS

Monday 25 to Friday 29 May 2015

8am to 6pm

Our Lady and St George's Primary School
Lower Site
140 Shernhall Street
Walthamstow
E17 9HU
(Access through St George's car park)

We will meet your child's social and emotional needs in a safe and caring play environment. Activities will include arts and crafts, street dance, gymnastics, IT, latest games consoles, table tennis, and much more. Trips out will include wall climbing, cinema and go karting. Don't miss out on the fun!

£22 per day (if booked in advance)
Sibling discount available

Amanda Smith
07961 018 708 or 07572 330 664
info@childcare-solution.com
www.childcare-solution.com

Please check the What's On section of the Children and Young People's Directory for events taking place in the Borough every day, including Half Term:
www.walthamforest.gov.uk/cypd

Activities for children aged 5 to 11

GROW, COOK AND PLAY

5 TO 10 YEARS

Monday 25 to Friday 29 May 2015

11am to 4pm

Buxton School
Terling Close
Leytonstone
E11 3NT

This project teaches children about gardening, planting and growing healthy food followed by some basic cooking techniques. Then some keep fit, fun and healthy sports. In partnership with Jenny Hammond School, Leyton Orient and Organic Lea.

£3 per day

Carol Moloney
020 8519 7148 or 020 8534 3425
carol.moloney@buxtonschool.waltham.sch.uk

RUSHCROFT FOUNDATION SCHOOL HOLIDAY ACTIVITIES

6 TO 13 YEARS (INCLUDES PRE-BOOKED DISABLED AND SEN CHILDREN)

Tuesday 26 to Friday 29 May 2015

9am to 5pm

Rushcroft Foundation School
Rushcroft Road
Chingford
E4 8SG

Every day we deliver a range of sports and team activities to inspire team work, participation, leadership, competition and fair play. One or two days per week the children will also have the opportunity to go to a cooking club.

£15 per day

£10 (siblings)

£10 per day (concession rate for PPG/FSM students)

Christopher Hodge
020 8531 9231
07961 323 853
bookings@rushcroft.com

BETTER HOLIDAY PLAY SCHEME AT LEYTONSTONE LEISURE CENTRE

5 TO 11 YEARS

Tuesday 26 to Friday 29 May 2015

9am to 5pm

Leytonstone Leisure Centre
Cathall Road
Leytonstone
E11 4LA

Our Ofsted registered play scheme runs throughout the school holidays for 5 to 11 year olds. Enjoy fun packed days with castle raiders, pirates, crazy competitions, indoor and outdoor sports, face painting, gymnastics, arts and crafts and much more.

£13.25 per day

£11.05 per day (concession)

£59.80 per week

£49.15 per week (concession)

Leytonstone Leisure Centre
020 8539 8343
leytonstone@gll.org

BETTER HOLIDAY PLAY SCHEME AT WALTHAMSTOW LEISURE CENTRE

5 TO 11 YEARS

Tuesday 26 to Friday 29 May 2015

9am to 5pm

(Early drop off and late pick up available)

Walthamstow Leisure Centre
243 Markhouse Road
Walthamstow
E17 8RN

Our Ofsted registered play scheme runs throughout the school holidays for 5 to 11 year olds. Enjoy fun packed days with castle raiders, pirates, crazy competitions, indoor and outdoor sports, face painting, gymnastics, arts and crafts and much more.

£13.25 per day

£11.05 per day (concession)

£59.80 per week

£49.15 per week (concession)

Walthamstow Leisure Centre
020 8520 7464
walthamstow@gll.org

Please check the What's On section of the Children and Young People's Directory for events taking place in the Borough every day, including Half Term:
www.walthamforest.gov.uk/cypd

Activities for children aged 5 to 11

FOREST FAMILIES: MINIBEASTS ALL SHAPES AND SIZES

5 TO 11 YEARS

Tuesday 26 May 2015
10am to 12pm
Epping Forest Field Centre
Paul's Nursery Road
High Beech
Loughton
IG10 4AF

Discover the variety of animals living in the forest and find out how they move around and hide. How well can you impersonate your favourite? Booking is required.

£6 (5 to 11 years)
£2 (0 to 4 years)
£2 (11+ years and adults)

020 8502 8500
www.field-studies-council.org/eppingforest

MISSION GROVE SUMMER HT PLAYSCHEME

4 TO 12 YEARS

Tuesday 26 to Friday 29 May 2015
8.45am to 4.45pm
Mission Grove Primary School
Buxton Road
Walthamstow
E17 7EJ

Mission Grove is proud to present our Summer HT Playscheme for children aged reception to year 7. Four days of fun goings-on such as sports, dance, drama, art, food tech and Fun Friday. Furthermore we have trips to KidzMania, ice skating and the cinema.

£56 per child (four days)
£15 per day
All trips carry an additional cost on top

Meshak Taylor
07939 241 798
020 8520 3487
meshak@missiongrove.org.uk

YELLOW BIRDS HOLIDAY CLUB

3 TO 13 YEARS

Tuesday 26 to Friday 29 May 2015
8.30am to 6pm
South Chingford Methodist Church
3 New Road
Chingford
E4 9EU

Our playscheme aims to ensure that all children have fun, learn new skills and have the opportunity to make new friends. Our activities include trips, sports, dance, drama, music, cookery and much more.

From £23 per day (discount for sibling)
10% off when booking a week

Ella Parkinson
020 8531 9658
07723 332 493
yellowbirdsinfo@aol.com

HALF TERM HOLIDAY PLAYSCHEME

5 TO 12 YEARS

Monday 25 to Friday 29 May 2015
7am to 6.30pm
Calvary Morning Glory Club
174D Vicarage Road
Leyton
E10 5DX

Sports, computer games, arts and craft, baking, dance and drama and ICT activities. Three local parks and library within walking distance. We also have at least two trips planned.

£19 per child per day

Elizabeth Oyinka-Antwi
07782 644 664
elizantwi@hotmail.com

AVENUE KIDS CLUB HOLIDAY PLAYSCHEME

4 TO 12 YEARS

Tuesday 26 to Friday 29 May 2015
8am to 6.30pm
Avenue Kids Club
Nexus Centre
3 Snowberry Close
Leytonstone
E15 2AH

Various activities, cooking, arts, crafts, football, basketball, table tennis, computer, games and lots more. Secure outside play area. We also have days out, bowling, cinema, museums, parks and farm (some additional costs for trips may apply).

£25 per day
Breakfast included in price, but all children need a packed lunch

Karen Hodges 07748 271 202
Dianne Stephenson 07943 104 209
avenuekidsclub@hotmail.com

Please check the What's On section of the Children and Young People's Directory for events taking place in the Borough every day, including Half Term:
www.walthamforest.gov.uk/cypd

Activities for young people aged 11 to 19

CELEBRATING HERITAGE: INTERGENERATIONAL POETRY WORKSHOP

8 TO 18 YEARS

Thursday 28 May 2015

2pm to 3.30pm

North Chingford Library
The Green
Chingford
E4 7EN

Join local artist and poet, Hassan Vawda, for a series of captivating poetry workshops exploring the heritage stories of Waltham Forest's Pakistani settlers. Visit our website to reserve your place or book at the library.

★ **FREE** ★

020 8496 3000
libraryprogrammes@walthamforest.gov.uk
www.wfculture.eventbrite.com

COME AND TRY EVENT

8 TO 14 YEARS

Wednesday 27 to Friday 29 May 2015

12pm to 4pm

TSP Youth Space Charity
The Soul Project
245 Wood Street
Walthamstow
E17 3NT

Try street dance, singing, graphic design, arts and crafts lessons. We have the latest games consoles to use, along with a pool table, table tennis table, table football and much more!

★ **FREE** ★

Cassie or Rani
020 8045 4523
cassie@thesoulproject.com
rani@thesoulproject.com

HOLIDAY TEENSCHEME

13 TO 17 YEARS

Tuesday 26 and Friday 29 May 2015

10am to 3.30pm

The Limes Community and Children's Centre
6 Somers Road
Walthamstow
E17 6RX

The Limes provides a range of fun activities from gardening, cooking, arts and crafts to trips out to museums, music performances and much more.

The Limes has an outdoor adventure playground, soft play area, sensory room and kitchen as well the main hall. All facilities are fully accessible.

Personal care can be provided. Staffing ratios: 1:1 or 4:1 depending upon the needs of the individual.

£7.50 and 5.5 short break hours (for those with an allocation)

£16.50 for non-disabled children

Please get in touch for Direct Payment options

Rachel Barnard
020 8509 8985
admin@thelimes.org.uk

BUXTON EXTRA

11 TO 16 YEARS

Monday 25 to Friday 29 May 2015

11am to 4pm

Buxton Secondary School
Terling Close
Leytonstone
E11 3NT

Sport and Personal Development Programmes including football, multi-sports, VCafe, Duke of Edinburgh's Award and V Project. In partnership with Tottenham Hotspur, VInspired and TheV Project at Buxton.

£3 per child (Volunteers are not charged)

Carol Moloney
020 8519 7148 or 020 8534 3425
carol.moloney@buxtonschool.waltham.sch.uk

GYM WORKOUT SESSIONS

11 TO 15 YEARS

Mondays, Wednesdays and Fridays

4pm to 5.30pm

Forest YMCA
642 Forest Road
Walthamstow
E17 3EF

Why not get out and about, get active and get fit! Beginners and intermediate.

*For priced activities for (11 to 15 year olds) Please provide Zip Oyster Photo Card for proof if you are 16 years and still at school.

£2 per day

Sonia Blackett – Senior Youth Worker
07956 195 978
sblackett@forestymca.org.uk

Please check the What's On section of the Children and Young People's Directory for events taking place in the Borough every day, including Half Term:
www.walthamforest.gov.uk/cypd

Activities for all ages

HAPPY BIRTHDAY WALTHAM FOREST!

ALL AGES

Wednesday 27 May 2015
Leyton Library 12pm to 12.30pm
Leytonstone Library 4pm to 4.30pm
Friday 29 May 2015
North Chingford Library 12pm to 12.30pm

Start outside Leyton Library
High Road
Leyton
E10 5QH

Starts outside Leytonstone Library
6 Church Lane
Leytonstone
E11 1HG

Starts outside North Chingford Library
The Green
Chingford
E4 7EN

Great Big Pass the Parcel is coming to Waltham Forest! A giant, shiny parcel with a big bow makes its way through your streets, carried by two very tired workers. What's inside? Visit our website to reserve your place or book at the library.

★ FREE ★

020 8496 3000
librarypromotions@walthamforest.gov.uk
www.wfculture.eventbrite.com

EXTREME HOLIDAY ACTIVITIES

4½ TO 15 YEARS

Tuesday 26 to Friday 29 May 2015
8am to 6pm

Sylvestrian Leisure Centre
Forest School
College Place
Snaresbrook
E17 3PY

This fun-filled camp will consist of swimming, inflatables, archery, roller discos, arts and crafts, Laser Tag, multi sports and much, much more. We will ensure your children's safety is paramount and they be returned to you happy and exhausted at the end of the day.

£32 per day
£128 per week

Sylvestrian Leisure Centre Reception
020 8509 6526

SUNTRAP POND DIPPING AND GUIDED FOREST WALK

ALL AGES

Thursday 28 May 2015
10am to 1pm
Grounds open until 3pm for picnics

Suntrap
Church Road
High Beach
Loughton
IG10 4AJ

Visit our pond to carefully collect some of the fascinating animals which live there, then have a closer look using microscopes and hand lenses. Bring your own picnic to enjoy in the grounds after pond dipping.

£2 per person (family drop in)

020 8508 0611
suntrap.centre@walthamforest.gov.uk

FAMILY ASTRONIGHT: GETTING INTO ORBIT

8 YEARS AND OVER (MUST BE ACCOMPANIED BY AN ADULT)

Tuesday 26 May 2015
6pm to 8pm

Epping Forest Field Centre
Paul's Nursery Road
High Beech
Loughton
IG10 4AF

Join us for an illustrated presentation on the subject of Getting into Orbit. There will be audience participation with practical activities and time for questions afterwards. Booking is required.

£6 per person

020 8502 8500
www.field-studies-council.org/eppingforest

FAMILY AMPHIBIANS

7 YEARS AND OVER (MUST BE ACCOMPANIED BY AN ADULT)

Thursday 28 May 2015
10am to 12pm

Epping Forest Field Centre
Paul's Nursery Road
High Beech
Loughton
IG10 4AF

This practical, hands-on course will involve dipping nets in our Centre ponds, to try and capture several of the species of amphibians which live in Epping Forest. You will have the chance to see amphibians close-up and find out many interesting facts. Booking is required.

£6 per person

020 8502 8500
www.field-studies-council.org/eppingforest

EMMANUEL COMMUNITY SCHOOL PTA SUMMER FAIR

ALL AGES

Saturday 6 June 2015
1pm to 4pm

Emmanuel Community School
The Drive
Walthamstow
E17 3BN

This year's annual summer fair, in the heart of Walthamstow, will include a mix of games, activities, refreshments, music and entertainment. All welcome!

★ FREE ★
(Free Children and £1 Adults)

Emmanuel Community School PTA
020 8520 0775
admin@emmanuelcommunityschool.co.uk

Please check the What's On section of the Children and Young People's Directory for events taking place in the Borough every day, including Half Term:
www.walthamforest.gov.uk/cypd

WHAT'S ON AT YOUR LOCAL CHILDREN'S CENTRE?

Children's Centres are a great place for under 5s to learn, play and enjoy. They also offer a wide-range of services and activities to children 0 to 5 years and their families.

Every family with children under 5 in Waltham Forest is invited to register at their nearest Children's Centre to take advantage of the many services and activities being offered.

Children's Centres in Waltham Forest are area based as follows:

Chingford Children's Centre
82 Peel Close,
Chingford, E4 6XQ
Tel: 020 8496 1551
www.chingfordchildrencentre.org

Walthamstow East Children's Centre
Woodbury Road, Walthamstow, E17 9SB
Tel: 020 8520 4919
www.churchhillchildren.org

Lloyd Park, Higham Hill and Chapel End Children's Centre
Lloyd Park Children's Centre, Winns Avenue Entrance,
Walthamstow, E17 5JW
Tel: 020 8531 9522
www.thelloydparkcentre.co.uk

Walthamstow West Children's Centre
Queens Road Community Centre, Walthamstow, E17 8PJ
Tel: 020 8496 2442
www.walthamstowwestcc.org

Leyton Children's Centre
Cyberlink Building, 51 Beaumont Road,
Leyton, E10 5DE
Tel: 020 8496 2737
www.leytonchildrencentre.org

Leytonstone Children's Centre
8 Cathall Road, Leytonstone,
E11 4LF
Tel: 020 8496 2960
www.leytonstonechildrenscentre.org.uk

To find out more about what's on offer at your local
Children's Centre visit the Children and Young People's Directory at

www.walthamforest.gov.uk/cypd

VISIT THE LOCAL OFFER

LOCAL OFFER

The Local Offer is a guide to all the services that are available for children and young people in Waltham Forest with special educational needs and/or disabilities aged from birth to 25.

Waltham Forest developed the Local Offer with parents, carers and children and young people with SEN and disabilities so all information and advice about SEN and disability services are in one place.

You can have your say on the Local Offer by visiting the website or simply sending an email to **localoffer@walthamforest.gov.uk**

We continue to work to improve the Local Offer with parents and carers and will be changing the website design very shortly, so keep in touch to view this.

To find out more visit

www.walthamforest.gov.uk/localoffer

Waltham Forest

E17 Guitar Club

Saturdays, 12noon
Hornbeam Café, 458 Hoe Street, E17 9AH
Guitar playing fun for adults of all abilities. Multi-skill groups, beginners welcome. Pay £44 for a half term of five, 40 minute lessons. Drop-in £10. **For more information phone Christian Karlsson on 07958 471 083 or visit www.e17guitar.com.**

Jewellery Making Workshops

Days and times vary
124 Farnan Avenue, E17 4NH
Join our taster workshop and make a beautiful pendant and earrings set of wire and bead jewellery. £10, including materials. Upcoming beginners Saturday classes include Crystal Clay on 16 May and Gemstone Suncatcher on 30 May. Classes are small and friendly, booking is essential. **For more workshops, details and booking phone Birgit on 07910 251 629 or visit www.beyondbeading.co.uk.**

Stowtellers: The Walthamstow Storytelling Club

Monday 11 May, 7.30–9.30pm
The Welcome Centre, St Mary's Church, 8 Church End, E17 8RJ
Visiting storyteller Alice Salvoldi will be telling stories of danger and darkness, lightness and courage, based on folktales from northern Italy. There is also space for 10 minute stories from the floor. Get in touch if you'd like to tell a story. Entry costs £3 on the door, £2 for concessions. **Email stowtellers@yahoo.co.uk or search 'Stowtellers' on www.facebook.com.**

Strung Out Violin Groups for Adults

Tuesday and Thursday evenings
The Quaker Meeting House, 1a Jewel Road, E17 4QU
Strung Out is a fun violin group for adult enthusiasts of all levels, with a professional musician. All styles of music welcomed from classical to traditional. Fun is the key ingredient! Places currently available for early stages and intermediates. Classes are limited, so please book in advance. Please ask about daytime classes and private lessons. **For more information, and to reserve a place, email strungout@shapeshifter-productions.com or phone 020 7018 2927.**

Beginners Five String Banjo for Adults

Mondays from 8 June, 6.30pm
Studio Office, Quaker Meeting House, 1a Jewel Road, E17 4QU
Fancy learning a new instrument? Professional musician, Dick Smith, teaches five string Banjo classes in three finger bluegrass style picking. Start from scratch and develop your skills in a relaxed and fun environment. £12 per class. **For more information phone 07745 052 525, visit www.banjosmith.co.uk or email info.banjosmith@gmail.com.**

Beginners Ukulele for Adults

Saturdays from 13 June, 12.30pm
Studio Office, Quaker Meeting House, 1a Jewel Road, E17 4QU
Fancy learning a new instrument? Try the ukulele with an experienced, professional musician in a fun and relaxed environment. Instruments not provided. £10 per class. Book now for the next 7 week course – limited availability. **For more information phone 07745 052 525, visit www.banjosmith.co.uk or email info.banjosmith@gmail.com.**

Black Sea Harmonies Singing Workshop

Sunday 17 May 10.30am–4.30pm
Orford House Social Club, 73 Orford Road, E179QR
Learn to sing harmonies from Georgia and Bulgaria with Lucy Gibson and Dessi Stefanova. This is a SingawayE17 workshop hosted by The Rose and Crown Singers. No experience needed, all songs taught by ear. Tickets £30 include buffet lunch, drinks and lots of cake. **Phone Julia on 07801 756 863 or email juliajubilada@gmail.com for information and booking.**

Children and young people

Waltham Forest Sea Cadets

Tuesdays and Thursdays, 7.15pm
48 Kings Road, E4 7HR
We offer a wide variety of activities to young people aged 10 to 18; including rowing, sailing, power boating, expedition training, sports, band and music. We also offer young people the chance to participate in the Duke of Edinburgh Award scheme and gain BTEC qualifications.
For more information visit www.sea-cadets.org/walthamforest or drop in.

Free Shaolin Kung Fu Training

Until Saturday 4 July, 2–3.30 pm
Ridgeway Park, E4 6XU (weather permitting)
A free ten-week family programme funded by the Big Lottery Fund with two simultaneous training sessions – Kung Fu for children and young people, and Tai Chi for parents and other adults. Kung Fu improves fitness, discipline and self-defence. Tai Chi helps you de-stress and calm your mind in harmony with nature. Places must be booked in advance. **Email info@daolu.co.uk, phone 07713 152 999 or visit www.daolu.co.uk.**

Tai Chi Breeze for Girls

Tuesdays, 6–7pm,
St Barnabas Church Hall, Wellesley Road, E17 8JZ
Tai Chi training for girls aged 11 and over. Gentle and graceful Tai Chi movements help concentration and release study and exam pressure. You will be surprised in learning self-defence through this ancient internal martial arts as well. Mums or other female family members are encouraged to train together. Meet other girls and women and train together to have fun and get fit for the summer. £5 drop in, with discounts available when booking by term. **Email info@daolu.co.uk, phone 07713 152 999 or visit www.daolu.co.uk.**

E17 Junior Guitar Club

Saturdays, times tbc
Hornbeam Café, 458 Hoe Street, E17 9AH
Guitar playing fun for children of all abilities, age 6 and over. Pay £44 for a half-term of five, 30 minute lessons. Different levels and times. **For more information phone Christian Karlsson on 07958 471 083 or visit www.e17guitar.com.**

Spanish for Children

Saturdays from 6 June, 11am
Mission Grove School, Mission Grove Road, E17 7EJ
Learning Spanish in a fun and relaxed environment. Suitable for children aged five to eight. One hour class, taught by a native Spanish-speaking tutor. £55 for seven week course. **To book, phone 07568 157 028 or email rachelbettelley@hotmail.com.**

French for Toddlers

Saturdays from 6 June, 11.30am
Mission Grove School, Mission Grove Road, E17 7EJ
Learning French in a fun and relaxed environment. Classes include games, dance and cooking. Suitable for children aged four to six. Taught by a native French-speaking tutor. £50 for seven week course. **To book, phone 07568 157 028 or email rachelbettelley@hotmail.com.**

Piano for Children

Saturdays from 6 June, 10am–12.45pm
Mission Grove School, Mission Grove Road, E17 7EJ
Introduction to piano, music theory and singing group classes with four children in a half hour class taught in relaxed and fun environment. £55 for seven week course. **To book, phone 07568 157 028 or email rachelbettelley@hotmail.com.**

Community Ward Forums

No meetings scheduled in May.

Council Meetings

Monday 11 May
Licensing Sub-Committee, 2pm

Wednesday 20 May
Cabinet, 2pm

Thursday 21 May
Annual Council Meeting (AGM)

All meetings are held at Waltham Forest Town Hall and start at 7.30pm, unless stated otherwise.

Tell us what's on

Email your event details to:
walthamforestnews@walthamforest.gov.uk

Free internet access is available at all libraries in the borough.

The deadline for Monday 8 June edition is **Friday 22 May**

Please note inclusion cannot be guaranteed, due to the high volume of requests received.

Please send your listing requests in the body of an email, formatted as shown on these pages.

Events

Exhibition: The War Hospital – Stories from Whipps Cross

Until Thursday 28 May
Walthamstow Library, High Street, E17 7JN
Discover Whipps Cross University Hospital's history of helping wounded soldiers from across the empire during the war and local experiences of the conflict. Supported by the Heritage Lottery Fund and delivered in partnership with Eastside Community Heritage and local residents. **Free event, no booking required.**

Exhibition: Yinka Shonibare MBE – The William Morris Gallery Family Album

Until Sunday 7 June
William Morris Gallery, Lloyd Park, Forest Road, E17 4PP
A new photographic exhibition by British-Nigerian artist Yinka Shonibare. Inspired by his visits to the Gallery, Shonibare worked with curators to recreate three historic photographs from the archive. **Free event, no booking required.**

Exhibition: Lucille Junkere – All Blues

Until Sunday 14 June
William Morris Gallery, Lloyd Park, Forest Road, E17 4PP
The result of textile artist Lucille Junkere's residency at the Gallery, All Blues explores the complex history of indigo dye. On display is a sample book documenting Junkere's artistic journey into this culturally significant colour. **Free event, no booking required.**

Exhibition: News of the War

Until Tuesday 30 June
Vestry House Museum, Vestry Road, E17 9NH
Follow the Great War through the pages of local newspapers, in this changing display curated by Waltham Forest Local Studies Library. More source material, e.g. rolls of honour, available on appointment. **Free event, no booking required.**

Owed: A Murder-History in Verse

Wednesday 13 May, 7–8.30pm
Vestry House Museum, Vestry Road, E17 9NH
A girl is found murdered in Walthamstow Library. Her death links 300 years of characters and crime… and an Ode by John Keats. **Free event, visit www.wfculture.eventbrite.com to reserve your place or book at a library.**

Creative Kids: Music from Nigeria

Thursday 14 May, 10–11.30am and 1–2.30pm
William Morris Gallery, Lloyd Park, Forest Road, E17 4PP
Create your own instruments and make music to celebrate Adire fabric, made in Yorubaland, Nigeria. For under-5s and their parents or carers. **Free event, booking essential, email wmg.bookings@walthamforest.gov.uk or phone 020 8496 4390.**

Museums at Night Family Sleepover: Expedition to Iceland

Saturday 16 May, from 7pm until Sunday 17 May, 9am
William Morris Gallery, Lloyd Park, Forest Road, E17 4PP
Follow in William Morris's adventurous footsteps and join us on an imaginary journey through the triple rainbows, lava fields and craggy rocks of Iceland. Camp out in a mystical landscape with craft activities, a puppet show, torch tour, prizes and breakfast. For children aged 8–12. All children must be accompanied by a parent or guardian. **£15 per person, booking essential, email wmg.bookings@walthamforest.gov.uk or phone 020 8496 4390.**

The Art of the Pen

Sunday 17 May, 1.30–4pm
Vestry House Museum, Vestry Road, E17 9NH
Inspired by the Everyday Muslim exhibition, use calligraphy pens to create Islamic patterns around Arabic words. With artist Amber Khokhar. **Free event, no booking required.**

A Special Viewing of The War Hospital: Stories from Whipps Cross

Wednesday 20 May, 7–8.15pm
Walthamstow Library, High Street, E17 7JN
View the exhibition drinks in hand, to a backdrop of music from the era. Talk to project participants and Eastside Community Heritage about this uncovered part of local history. **Free event, visit www.wfculture.eventbrite.com to reserve your place or book at a library.**

Celebrate Africa! Past, Present, Potential

Saturday 23 May, 1–5pm
Walthamstow Library, High Street, E17 7JN
Celebrate the official launch of a new community project, African Diaspora Kids with three great events for children, parents of African descent and anyone with an interest and passion for Africa's development and future. **Free event, visit www.wfculture.eventbrite.com for more details of each event and to reserve your place or book at a library.**

The Poetry Room

Saturdays 23 May, 13 and 27 June, 3–4.15pm
Leyton Library, High Road Leyton, E10 5QH
The Poetry Room is a new space for those with an interest in poetry. It's a haven where writers meet to share existing and create new work, develop skills and encounter new material with guest poets. Come and make this a room of your own! **Free event, visit www.wfculture.eventbrite.com to reserve your place or book at a library.**

Quest for Kings, Queens and Castles

Tuesday 26 May, 2–3pm
Lea Bridge Library, Lea Bridge Road, E10 7HU
Lower the drawbridge, cross the moat and join the Knight of Knowledge on a medieval quest to discover life inside a castle, singing regal rhymes and encountering famous kings and queens. Suitable for ages 7–11. **Free event, visit www.wfculture.eventbrite.com to reserve your place or book at a library.**

Holiday Fun for Everyone

Wednesday 27 May, 10.30am–3pm
Vestry House Museum, Vestry Road, E17 9NH
Join Waltham Forest's Family Learning Team to enjoy a lively range of arts and crafts activities linked to the museum displays. **Free event, no booking required.**

Imagine… John Lennon

Wednesday 27 May, 2–3pm
Hale End Library, Castle Avenue, Highams Park, E4 9QD
'John' recreates the 1960s through drama activities and music as he tells you about his family and travels, love of music and his years with The Beatles. Believe in yesterday! Suitable for ages 7-11. **Free event, visit www.wfculture.eventbrite.com to reserve your place or book at a library.**

Tea Dances with Mr Wonderful

Wednesday 27 May and 24 June, 1–4pm
Chingford Assembly Hall, Station Road, E4 7EN
Tickets £5. No booking required, just turn up.

Tuesday 2 June, 1–4pm
Leyton Great Hall, Adelaide Road, E10 5NN
Tickets £5. No booking required, just turn up.

The Rainbow Fish and Where the Wild Things Are

Thursday 28 May, 2–3pm
Leyton Library, High Road Leyton, E10 5QH
Meet the rainbow fish and the wise octopus in this magical tale of friendship and sharing. Then journey with Max to a strange land of mysterious monsters to join in the wild rumpus! Stories and drama for ages 5–7. **Free event, visit www.wfculture.eventbrite.com to reserve your place or book at a library.**

Celebrating Heritage: Poetry Workshops

Intergenerational workshop (all ages welcome)
Thursday 28 May, 2–3.30pm
North Chingford Library, The Green, E4 7EN

Family workshop
Friday 29 May, 2–3.30pm
Wood Street Library, Forest Road, E17 4AA

Adults' workshop
Thursday 4 June, 6.45–8.30pm
Leyton Library, High Road Leyton, E10 5QH
Join local artist and poet, Hassan Vawda, for a series of captivating poetry workshops exploring the heritage stories of Walthamstow's Pakistani settlers. **Free event, visit www.wfculture.eventbrite.com to reserve your place or book at a library.**

Timothy Williams: 'Honest Folk of Guadeloupe' and more

Thursday 28 May, 7–8pm
Vestry House Museum, Vestry Road, E17 9NH
Timothy Williams comes home to Walthamstow. Join him to discuss his novels 'Another Sun' and 'Honest Folk of Guadeloupe' and their themes of colonialism, racial conflict and gender issues, influenced by 30 years spent living in the French Caribbean. **Free event, visit www.wfculture.eventbrite.com to reserve your place or book at a library.**

The Gruffalo

Friday 29 May, 3–4pm
Higham Hill Library, North Countess Road, E17 5HS
Walk into the deep dark wood, and discover what happens when the quick-thinking mouse comes face to face with an owl, a snake and a hungry gruffalo… Stories and drama for ages 5–7. **Free event, visit www.wfculture.eventbrite.com to reserve your place or book at a library.**

Happy Birthday Waltham Forest: Great Big Pass the Parcel

Wednesday 27 May, times vary
Starts outside Leyton Library, High Road Leyton, E10 5QH at 12noon.
Starts outside Leytonstone Library, 6 Church Lane, E11 1HG at 4pm.
Friday 29 May, 12noon
Starts outside North Chingford Library, The Green, E4 7EN
To celebrate 50 years of the London Boroughs a giant, shiny parcel with a big bow makes its way through your streets. Come and take part in a massive game of pass the parcel where each layer reveals a new funny moment until just the tiniest parcel of all is left. **Free event, no booking required.**

Another Brilliant Comedy Night

Friday 19 June, 7.30–11.30pm
Walthamstow Assembly Hall, Waltham Forest Town Hall Complex, Forest Road, E17 4JD
Join us again for another brilliant night of comedy and music hosted by Kat B, featuring Slim, Aurie Styla, Axel Blake, Babatunde, El Crisis, Kae Kurd, Kevin J, Lara Lee aka FLOetic Lara, Thanyia Moore. **Tickets £12.50 including booking fee when booked in advance. Visit www.anotherbrilliantcomedynight.eventbrite.co.uk to book your tickets.**

You can see Yinka Shonibare's exhibition at the William Morris Gallery until Sunday 7 June. Photo by Mark Blower

Walthamstow

Rochelle Talbot (second left) won gold in the 63kg category at the British Schools Judo Championships
Photo by Mike Varey – elitepix

Rochelle's judo joy

- **Walthamstow girl wins at British Schools Judo Championships**
- **Rochelle Talbot's gold medal success comes at her first-ever national competition**

A young Walthamstow resident has realised her dream of competing in the sport of judo at a national level. Fourteen-year-old Rochelle Talbot, a pupil at Walthamstow School for Girls, has been working to meet her ambition for more than half her young life, having trained in judo since the tender age of five.

Rochelle told Waltham Forest News: "I first started when I was in Year Two at primary school. My best friend told me that her dad was a judo coach and that he'd been giving her lessons. She would tell me how much she enjoyed practising, and I thought that it sounded like fun, so I decided to give it a go as well. As soon as I started, there was no looking back!

"I began at age five, and by the time I was seven I loved judo so much that I knew I wanted to compete at a national level. I've been working to achieve that goal ever since."

Rochelle is still coached by the same person, Roger Woods, who is head coach of Equinox Judo Club, which meets at The County Arms pub (420 Hale End Road, Highams Park, E4 9PB) every Wednesday.

She also recently became a member of Kelmscott Judo Club, which meets at Walthamstow Leisure Centre (Markhouse Road, E17 8RN) on Tuesdays and is led by head coach Ricky Haynes.

Rochelle was one of 525 young people who descended on Sheffield for the British Schools Judo Championships on Saturday 7 March. Over 400 schools were represented, with young judokas (judo practitioners) battling it out on the tatami (mat) for the title of British Schools Judo Champion.

Rochelle was eligible to compete thanks to a good performance at a qualifying event held at the University of East London's SportsDock in November 2014.

She was one of six students from various boroughs who attended the British Schools Championships with coach, Ricky Haynes. The group had a hugely successful tournament, with all six winning a medal.

Rochelle competed in the 63kg division and won all her fights to finish in gold medal position at her first-ever national competition and secure the title of British Schools Judo Champion 2015.

"I had four fights on the day, and I'm happy that I won them all to be awarded the gold medal in my category.

Rochelle added: "When I realised that I'd won the gold medal, I was shocked but thrilled. I was nervous throughout the competition, but I tried not to think about anything other than my fights. I certainly tried to forget that it was the biggest competition I'd ever been involved in, and a moment I'd been waiting years for!"

She is now busy preparing to compete in the London Youth Games in June as a member of Team Waltham Forest, and ultimately hopes to compete for Great Britain in the future.

"During the London 2012 Olympic Games I was lucky enough to see Ashley McKenzie fight in the judo competition. Seeing him in the Olympics was amazing, because we used to train at the same judo club and seeing him compete at the highest level was really inspiring" said Rochelle.

"That's my dream now; to represent Great Britain one day. I'm focusing on my training, and competing at the 2020 Olympic Games, which will be held in Tokyo, Japan, is my ultimate goal."

More info

For more information on Equinox Judo Club phone **07891 100 952** or **07771 527 326**. For more information on Kelmscott Judo Club phone **07976 851 292**. A directory of all sports clubs in the borough is available at **www.walthamforest.gov.uk/sports-clubs**. Free internet access is available at all Waltham Forest Libraries.

In brief

Bereavement Support Group

Residents who have suffered bereavement are being encouraged to attend a bereavement support group which meets on the second and fourth Tuesday of every month. The meetings take place at Blackhorse Road Baptist Church (63 Blackhorse Road, E17 7AS) between 2 and 3pm. The group is aimed at those who have lost a special person and want to meet others who may understand how they feel. There is no need to book a place, just drop in.

- **For more information phone Diane Crow on 020 8556 0356 or email diane.crow@btinternet.com**

The Gondoliers

Chapel End Savoy Players are set to present their version of Gilbert and Sullivan's delightful opera The Gondoliers between Thursday 28 and Sunday 31 May. The performances will take place at The Deaton Theatre (Forest School, Oakhurst Gardens, E17 3PY) at 7.30pm each evening, and there will also be a 2.30pm matinee on Saturday and Sunday. Tickets cost £5 to £14, depending on concession. All performances will be fully costumed and accompanied by an orchestra. Refreshments will be available during the interval.

- **For more information phone 020 8527 0215 or email boxoffice@cesp.org.uk.**

E17 Art Trail 2015

The annual, much-anticipated, E17 Art Trail returns to Walthamstow from Saturday 30 May to Sunday 14 June and the theme for this year's trail is 'Storytelling'. Now in its eleventh year, the trail will include more than 250 exhibitions and events across 157 venues. This year more than 4,000 artists and makers will be taking part and sharing their work. A comprehensive trail guide, which lists every exhibition and includes a handy map to help you navigate around the 'stow, is available to download from the E17 Art Trail website. You can also pick up a paper copy from selected shops, pubs and cafes in Waltham Forest. This year, the Trail destinations include the latest creative resources to open in Walthamstow; Gnome House and City Studios. There will be walking and cycling tours to help you find your way, and 26 exhibitions open ahead of the festival with special late night opening events for Preview Night on Thursday 28 May.

- **For more information visit www.e17arttrail.co.uk.**

GET TOGETHER TO ENJOY ANOTHER BRILLIANT YEAR IN WALTHAM FOREST

FREE TICKETS AVAILABLE FOR WALTHAM FOREST RESIDENTS

SATURDAY 5 & SUNDAY 6 SEPTEMBER, 11AM–10.30PM (6PM SUN)

Grillstock, the UK's biggest BBQ and music festival, is coming to Walthamstow for a weekend of Meat, Music and Mayhem. Featuring the very best BBQ food this side of Kansas City, chilli-pepper and hot-dog eating competitions, over 25 bands and DJ's playing across 3 music stages with headline sets from Fun Lovin Criminals and Razorlight.

CHESTNUTS FIELD, WALTHAMSTOW TOWN HALL COMPLEX, FOREST ROAD, E17 4JF

For more info visit grillstock.co.uk

Free tickets will be available for Waltham Forest Residents.

Visit www.walthamforest.gov.uk/get-together to apply from 9am Saturday 16 May.

facebook.com/walthamforestcouncil

@LBWFEvents

Waltham Forest

The Bridge

Bringing People Together

The Bridge steering group at Lea Bridge Library needs volunteers to join the Steering Group.

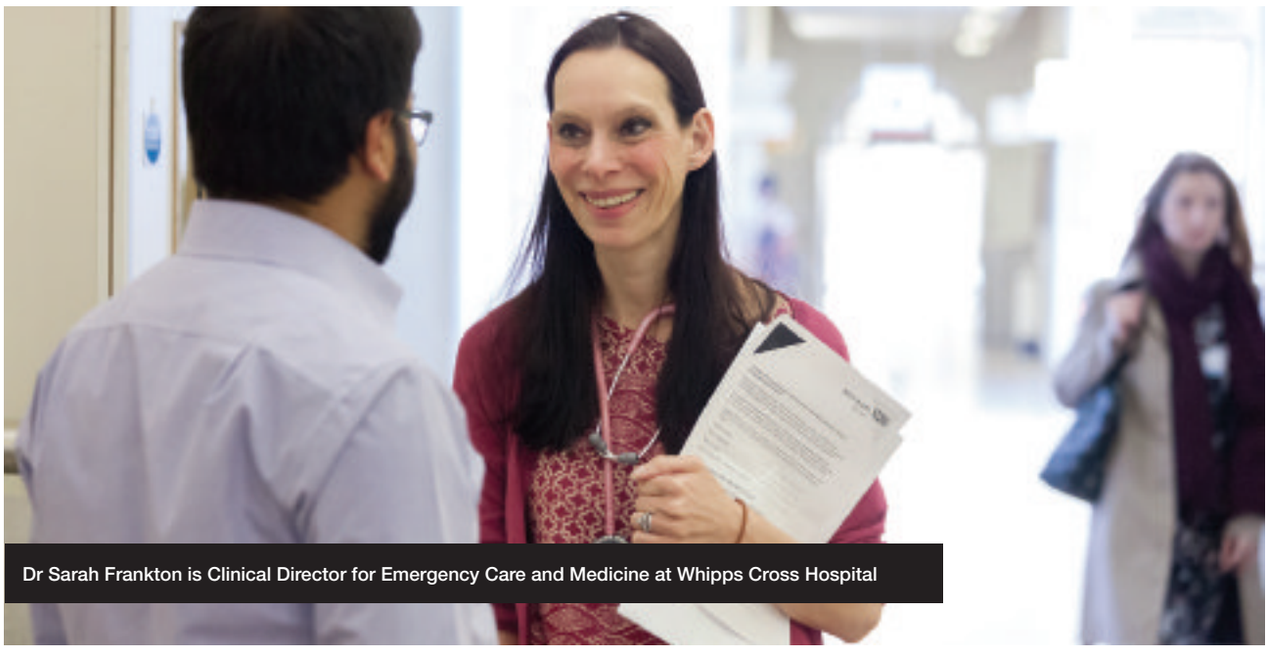
The Bridge facilitates free use of the community room at Lea Bridge Library for projects run by and for local residents.

We need volunteers to help us run the Steering group. We especially need a Treasurer and help with Communications (Website, &). A time commitment of only a couple of hours per months is required.

Please contact thebridgee10@gmail.com for more information.

Putting patient care first

- **Waltham Forest News is celebrating the unsung heroes at Whipps Cross Hospital**
- **Spotlight shone on Dr Sarah Frankton, who helps oversee patient care**



Dr Sarah Frankton is Clinical Director for Emergency Care and Medicine at Whipps Cross Hospital

"I just want to deliver excellent patient care full-stop – that's all I care about."

These are the words of Dr Sarah Frankton, Clinical Director for Emergency Care and Medicine at Whipps Cross Hospital.

Sarah is one of the hospital's many unsung heroes, who work tirelessly to help patients on their road to recovery.

In the second feature in a series celebrating the efforts of staff at Whipps Cross, Sarah told Waltham Forest News that much of her work is centred around ensuring patients have as comfortable an experience in hospital as possible – that they receive the care they need in a timely fashion and are admitted for no longer than necessary.

She said: "That's why I do this job, to give patients customer service throughout their care – making sure they have a good experience and know what to expect.

"Most of the people I've seen recently say they've had a great experience. But if we do get a complaint we give them a lot of time to resolve the issue and really listen to them because most people have a point.

"Sometimes when people complain, good things come out of it because we learn from it and hopefully they realise we are there to listen to them."

Sarah trained for six years at Barts and The London School of Medicine and Dentistry before qualifying in 1993. She worked at Hammersmith Hospital and The Royal London Hospital before joining Whipps in July 2013. She has a PhD in molecular endocrinology, specifically studying hormones, and at one point "thought I was going to change the world – but I got bored of not seeing patients."

Nowadays, the mum of four spends a lot of time working to improve "patient flow" – trying to ensure patients are in the right wards and not stuck in hospital any longer than necessary, and in turn, ease pressure on waiting times.

Sarah is helping to oversee the launch of an extended ambulatory care service at Whipps – a patient-focused service where people can be treated for non-emergency medical issues without the need for an overnight stay in hospital. It's designed to help patients that need to be seen but can go home afterwards.

Sarah acknowledges the hospital faces a challenge to improve. She said a large scale improvement plan is in the process of being implemented with help from a new team of specialists – and targeted governance arrangements and staffing numbers as areas she wants to improve.

And Sarah is positive the improvements will come, because staff at Whipps are driven to succeed.

She said: "I want my team – doctors and nurses – to be happy and work together.

"I was on call the whole of the Easter weekend but we had such a good team I really enjoyed it

"I thought gosh, collectively we've done a really good job and I felt so proud to work here."

More info

To learn more about the many services at Whipps Cross Hospital visit **www.bartshealth.nhs.uk/whipps-cross**. Free internet access is available at all Waltham Forest Libraries.

In brief

Why not give hockey a try?

Get Back to Hockey

Waltham Forest Hockey Club (Walthamstow Academy, Coppermill Lane, E17 7HE) is holding a six-week 'Back to Hockey' programme, aimed at women who have not played the sport for a number of years, or want to play for the very first time. The programme is part of England Hockey's 2015 'Back to Hockey' campaign, which is partnered with Sport England's 'This Girl Can' initiative, which is celebrating active women across the country. Sessions take place every Thursday during the six-week period from 11 May to 15 June, from 8–9.30pm. There will be mixed sessions so men can also take part.

• For further details on the Back to Hockey campaign visit www.englandhockey.co.uk/backtohockey. For more information about Waltham Forest Hockey Club phone 07521 311 991 or visit www.walthamforesthc.co.uk.

Dementia awareness

Events and activities are to take place across Waltham Forest later this month as part of Dementia Awareness Week. Walthamstow's Lloyd Park and the William Morris Gallery (Forest Road, E17 4PP) will host a range of events for people with dementia and their carers; including walks, talks, exercise, tai chi, gardening and museum history, refreshments, singing and object handling activities. Meanwhile, Whipps Cross Hospital (Whipps Cross Road, E11 1NR), has planned Dementia Awareness sessions, carers' talks, and information and training activities for staff. Dementia Awareness Week takes place from Sunday 17 to Saturday 23 May. At present, there are 850,000 people in the UK who have a form of dementia – and 2,055 people living with dementia in Waltham Forest. National charity Alzheimer's Society warns these figures are set to increase significantly as the population ages.

• For more information visit www.alzheimers.org.uk or phone the National Dementia Helpline on 0845 300 0336.

A sporting summer

- **New pavilion and tennis courts lined up for Ridgeway Park**
- **Council approves 3G pitch plan for Salisbury Hall Playing Fields**

Residents will be able to enjoy state-of-the-art tennis facilities at Ridgeway Park, Chingford

It promises to be a summer of sport here in Waltham Forest, with more projects underway in the borough's parks to help residents of all ages get active.

In addition to the continuation of the popular Our Parks initiative – a free programme of exercise activities taking place in local open spaces – work is being carried out in borough parks to improve the different sporting activities on offer.

Last month, Waltham Forest Council's planning committee agreed permission for a new floodlit pitch and a sports pavilion in two parks in Chingford.

The sports pavilion will be constructed in Ridgeway Park (The Ridgeway, Old Church Road, E4) alongside the soon-to-be renovated tennis facilities. Both projects have been made possible thanks to grants from Sport England, as well as funding from Waltham Forest Council.

The new pavilion will be a single-storey building with ramp access providing office space and a club area. There will be much-needed storage space, toilets and a kitchen area – providing refreshments for tennis court users.

Along with the renovation of the existing tennis facilities at Ridgeway Park, low level sports lighting will be installed in some of the courts, meaning residents will be able to serve, rally and smash year-round.

At Salisbury Hall Playing Fields, close to Chingford Road (Walthamstow Avenue, E4 8ST), the existing all-weather pitch will be replaced by a full-size, third generation (3G) floodlit artificial grass pitch. This state-of-the-art pitch will replace the current, smaller one, which was put in place about 18 years ago and is now in a state of disrepair.

Meanwhile, one of the surrounding pitches will be replaced by a mini-football pitch, bordered on two sides by grass mounds for spectators. As well as receiving Council funding, the Salisbury Hall Playing Fields scheme is also partly-funded by Sport England.

Cllr Ahsan Khan, the Council's Cabinet Member for Health and Wellbeing, told Waltham Forest News: "We want to do all we can to help encourage more people to get involved with sport.

"Whether you're a young footballer wanting to head down to the local park to bend it like Chingford's very own David Beckham, or an adult wanting to channel your inner Andy Murray, we want to make sure you have first-class facilities nearby.

"Together with the many different activity sessions offered through the free Our Parks initiative, we're working hard to give local people more opportunities than ever before to lead healthy and happy lives."

Ridgeway Park was identified for Sport England funding as it had the most potential for increasing participation in tennis and facilitating play all year round. Research carried out by the Lawn Tennis Association (LTA) found that 3,369 Waltham Forest residents currently play tennis in the borough, with 4,239 indicating that they don't currently play but would like to in the future. The renovated courts will give residents the opportunity to try tennis in a fun and sociable environment.

The Council plans to offer an activity programme that caters for all ages and abilities, including opportunities for casual play, competitions and use by local schools.

Once work on the new facilities has been completed the Council will appoint an operator to oversee the management of the tennis programme and facilities at Ridgeway Park. The facilities will be maintained in line with LTA recommendations to ensure they are kept in top condition. The operator will be also be responsible for setting up and managing a booking system for the courts, including online, telephone and in-person bookings.

More info

For more information about sports facilities in Waltham Forest visit **www.walthamforest.gov.uk/sports-clubs** or phone **020 8496 3000**. To learn more about Our Parks visit **www.ourparks.org.uk**.

In brief

Call for creative group leaders

The Mill in Walthamstow (7–11 Coppermill Lane, E17 7HA) is on the lookout for creative individuals who would be able to share their skills and lead a new community activity group. Step Up @ The Mill, will enable four new groups to be created that will benefit local residents. The group leaders will be able to try out new ideas such as art, design, crafts, writing and arts appreciation, with the support of The Mill team. Each group will run for a six week period between June 2015 and February 2016. Leaders will receive free room hire at The Mill, and expenses and material costs covered up to £300.

• **For more information phone 020 8521 3211 or email info@themill-coppermill.org.**

Your garden could win a prize in SLADA's competition

Front garden competition

Green fingered residents living in Cann Hall and Cathall wards in South Leytonstone are being encouraged to spruce up their front gardens for a competition run by the South Leytonstone Area Development Association (SLADA). The competition aims to promote an attractive environment and to encourage everyone to take pride in their neighbourhoods. All front gardens will be automatically entered into the competition, whether small or large, and even if your 'garden' consists of pots, planters, window boxes and hanging baskets rather than a space of land, you could still win. The first-placed garden will net its owner £250. Judging will commence on the week beginning Monday 8 June, with the top twenty finalists to be shortlisted two weeks later. The winner will be chosen on Monday 13 July, and there is also a £50 prize for the tallest sunflower grown by a child.

• **For more information email rupert.alexander9150@yahoo.com, roskane@btinternet.com or akao39@ukgateway.net.**

Planning

London Borough of Waltham Forest
Planning (Listed Buildings and Conservation Areas) Act 1990 – Section 67

Notice is Hereby Given that the following application affecting a building within a conservation area has been made to the Council.

APPL.NO: 151316/HOU
APPLICANT: Mr Peter Whiddon
ADDRESS: 1 The Green Walk, Chingford, E4 7ER
PROPOSAL: Part two storey, part single storey rear extension, first floor side extension and roof extension with two rear dormer windows.

The application is available to view on the following website:
http://planning.walthamforest.gov.uk
The application can also be viewed at, ,Sycamore House offices, Town Hall Complex, Forest Road, Walthamstow, E17 4JF, between 9am and 4.00pm, Monday to Friday, where a duty planning officer will be available to assist you.

Any views you would like to make for the above proposal, must be submitted in writing to the Council within 21 days of the date of this letter. Due to the number of correspondence (letters, emails etc) received by the Council relating to planning applications, it will not be possible to acknowledge or respond to your correspondences should you submit any. However, all views/comments received are fully considered during the assessment of the planning application. Please note that the planning file, including correspondence received for the application, **are open** to the public.

Dated this day 11th May 2015
David Scourfield – Head of Development Management and Building Control
London Borough of Waltham Forest

London Borough of Waltham Forest
Town and Country Planning (General Development Procedure) (England) Order 2010 Notice under Article 13

Notice is Hereby Given that the following application for planning permission has been made to the Council for which additional publicity is required

APPL.NO: 150264/FUL
APPLICANT: Mr Samuel Akinyemi
ADDRESS: 696 High Road Leytonstone London E11
PROPOSAL: Use of property as place of worship and education/training centre (use class D1)(Retention).

The application is available to view on the following website:
http://planning.walthamforest.gov.uk
The application can also be viewed at, ,Sycamore House offices, Town Hall Complex, Forest Road, Walthamstow, E17 4JF, between 9am and 4.00pm, Monday to Friday, where a duty planning officer will be available to assist you.

Any views you would like to make for the above proposal, must be submitted in writing to the Council within 21 days of the date of this letter. Due to the number of correspondence (letters, emails etc) received by the Council relating to planning applications, it will not be possible to acknowledge or respond to your correspondences should you submit any. However, all views/comments received are fully considered during the assessment of the planning application. Please note that the planning file, including correspondence received for the application, **are open** to the public.

Dated this day 11th May 2015
David Scourfield – Head of Development Management and Building Control
London Borough of Waltham Forest

Highways

LONDON BOROUGH OF WALTHAM FOREST
ROAD TRAFFIC REGULATION ACT 1984 – SECTION 6
ST JAMES PARK AREA
PROVISION OF "AT ANY TIME" WAITING RESTRICTIONS
ESSEX ROAD E17, LYNMOUTH ROAD E17, CLACTON ROAD E17, HARTINGTON ROAD E17 AND FORSTER ROAD E17 (T6 (15))
THE WALTHAM FOREST (WAITING AND LOADING RESTRICTION) (AMENDMENT NO. 68) TRAFFIC ORDER 2015

1. NOTICE IS HEREBY GIVEN that the Council of the London Borough of Waltham Forest on **5th May 2015** made the above-mentioned Order under sections 6 and 124 of and Part IV of Schedule 9 to the Road Traffic Regulation Act 1984, as amended.
2. The general effect of the waiting restriction Order will be to:
(a) amend single yellow line waiting restrictions to double yellow line "at any time" waiting restrictions in:
(i) **Station Road E17** at its respective junctions with the roads mentioned in the Schedule to this notice; and
(ii) **the roads mentioned in the Schedule to this notice** at their respective junction with Station Road E17; and
(b) provide double yellow line "at any time" waiting restrictions in:
(i) **Essex Road E17** at its respective junctions with the roads mentioned in the Schedule to this notice;
(ii) **the roads mentioned in the Schedule to this notice** at their respective junction with Essex Road E17;
(iii) **Forster Road E17** at its respective junction with Hartington Road E17; and
(iv) **Hartington Road E17** at its respective junction with Forster Road E17, to ensure visibility at junctions.
3. Copies of the Order, which will come into operation on **11th May 2015** and other relevant documents can be inspected during normal office hours on Mondays to Fridays inclusive until the expiration of a period of 6 weeks from that date, at: (a) The Information Desk, Town Hall, Forest Road, Walthamstow, E17; and (b) Low Hall, Argall Avenue, London, E10 7AS.
4. Any person desiring to question the validity of the Order or of any provision contained therein on the grounds that it is not within the relevant powers of the Road Traffic Regulation Act 1984, or that any of the relevant requirements thereof or of any relevant regulations made thereunder has not been complied with in relation to the Order may, within six weeks of the making of the Order, make application for the purpose to the High Court.

Dated 11th May 2015
Mr K. Valavan – Head of Highways and Infrastructure, Neighbourhoods and Commissioning, Low Hall, Argall Avenue, London, E10 7AS

SCHEDULE
Clacton Road, E17, Hartingdon Road, E17, Lynmouth Road, E17

LONDON BOROUGH OF WALTHAM FOREST
INTRODUCTION OF WILLOW HOUSE CAR PARK AND ASSOCIATED PARKING CHARGES
The Waltham Forest (Off-Street Parking Places) (Amendment No. *) Order 2015 (T12a(15))

1. NOTICE IS HEREBY GIVEN that the Council of the London Borough of Waltham Forest (therein after called "the Council") proposes to make the above-mentioned Order under sections 32, 35 and 124 of and Part IV of Schedule 9 to the Road Traffic Regulation Act 1984, as amended.
2. The general effect of the Order would be to introduce **Willow House Car Park, E17** (entrance off Fulbourne Road, E17) as a Staff Permit, Pay and Display and/ or Pay-by-Phone Off-Street Car Park for authorized vehicles only. The car park will have approximately 67 permit holder/pay and display bays, 6 disabled parking bays, 1 Loading Bay and 1 Motor Cycle bay. Charges (exclusive of any pay by phone service charges), provisions and other regulations are listed in the schedule of this notice. Chargeable hours will be between 8.30 a.m. and 5 p.m. Mondays to Fridays inclusive
Note: Purple badge permits or season tickets will not be valid in Willow House Car Park. Disabled Parking Spaces will be operational at all times. Additional information with regard to parking compliance will be displayed on the council's terms and conditions information board within the aforementioned car park.
3. Make minor amendments to the existing Off Street Parking Parent Order so as to:
(a) omit references to discontinued off-street car parks;
(b) omit references to car parks no longer accepting season tickets; and
(c) amend the payment increment structure against the varying lengths of stay for existing car parks so that they accurately reflect the payment increment structure against the varying lengths of stay currently in all off-street car parks;
there will no change to way these car parks currently operate off-street.
4. A copy of the Order, the Council's statement of reasons for proposing to make the Order can be inspected during normal office hours can be inspected during normal office hours on Mondays to Fridays inclusive until a period of 21 days from the date on which this Notice is published, at (a) The Information Desk, Town Hall, Forest Road, Walthamstow, E17; and (b) The Reception Desk, The London Borough of Waltham Forest, Low Hall, Argall Avenue, London, E10 7AS.
5. Any person desiring to object to the proposed Order or to make any other representation should send a statement in writing of either their objection and the grounds thereof or of their representation to Traffic Orders, Engineering Design, Low Hall, Argall Avenue, London, E10 7AS, quoting reference (**T12a**(15) – Willow Hse CP), by the end of a period of 21 days from the date on which this Notice is published. All objections must specify the grounds on which they are made.

Dated 11th May 2015
Mr K. Valavan – Head of Highways and Infrastructure, Neighbourhoods and Commissioning, Low Hall, Argall Avenue, London, E10 7AS

SCHEDULE
WILLOW HOUSE CAR PARK PARKING CHARGES

1 Name of Parking Places	Willow House, Car Park, E17
2 Position in which vehicle may wait	Wholly within a parking bay
3 Class of vehicle	Motor Car, motor cycle, light goods vehicle, invalid carriage and disabled person's vehicle
4 Days of operation of parking place	All Days
5 Hours of operation of parking place	All Hours
6 Maximum period for which vehicles may wait	24 Hours
7 Schedule of charges	Up to 1 hour £1.30 Up to 2 hours, £2.60 Up to 3 hours, £3.80 Up to 4 hours, £5.10 Over 4 hours £6.50

LONDON BOROUGH OF WALTHAM FOREST
ROAD TRAFFIC REGULATION ACT 1984 – SECTION 14(1)
THE WALTHAM FOREST (WOOD STREET (NORTH) CPZ EXTENSION) (TEMPORARY RESTRICTION ON WAITING AND LOADING) (NO. 1) ORDER 2015
TT33(15)

1. The Council of the London Borough of Waltham Forest HEREBY GIVES NOTICE that it intends to make an Order for highway signing and lining works to be carried out in a safe and efficient manner in certain roads, the general effect of which will be, only at such times and to such extent as regulatory signs are displayed, to restrict waiting and loading by vehicles (except works vehicles) in certain roads.
2. Whilst the works are being carried out no person shall cause or permit any vehicle to wait or load for any purpose, at any time, in the roads listed in the Schedule to this Notice.
Note: These works will not be carried out simultaneously in all roads but in a sequence as directed by the Council.
3. Vehicles waiting or loading in disregard of this Order will be removed.
4. The restrictions mentioned above will not apply in relation to any vehicle being used:
(a) in connection with the said works; or
(b) for ambulance, fire brigade or police purposes in an emergency.
5. The Order would come into operation on **25th May 2015** and will be valid for a maximum period of 3 months.

Dated 11th May 2015
Mr K. Valavan – Head of Highways and Infrastructure, Neighbourhoods and Commissioning, Low Hall, Argall Avenue, London, E10 7AS

SCHEDULE
Brandon Road E17, Corbett Road E17, Cuthbert Road E17, Linford Road E17, Stocksfield Road E17, Waverley Avenue E17, Waverley Road E17

LONDON BOROUGH OF WALTHAM FOREST
ROAD TRAFFIC REGULATION ACT 1984 – SECTION 14(1)
THE WALTHAM FOREST (EVESHAM AVENUE E17) (TEMPORARY RESTRICTION ON WAITING AND LOADING) (NO. 1) ORDER 2015

1. The Council of the London Borough of Waltham Forest HEREBY GIVES NOTICE that it intends to make an Order to enable redevelopment works to be carried out in a safe and efficient manner in **Evesham Avenue E17**, the general effect of which would be, only at such times and to such extent as regulatory signs are displayed, to restrict waiting and loading by vehicles (except works vehicles) in sections of this road (**TT36(15)**).
2. Whilst the works are being carried out, no person shall cause or permit any vehicle to wait or load for any purpose at any time in either side of **Evesham Avenue E17**.
3. Vehicles waiting or loading in disregard of this Order would be removed.
4. The restrictions mentioned above would not apply in relation to any vehicle being used:
(a) in connection with the said works; or
(b) for ambulance, fire brigade or police purposes in an emergency.
5. The Order would come into operation on **25th May 2015** between **8 a.m. – 6 p.m. Mondays to Fridays** and **8 a.m. – 1 p.m. Saturdays**, for a period of 12 months or until the works are completed, whichever is the sooner.
Note: These works would not be carried out simultaneously in all sections of road mentioned above but in a sequence as directed by the Council. Signage placed in advance of any works in the above mentioned road would give more specific details on the exact dates of the restrictions and effects of any temporary traffic management as necessary.

Dated 11th May 2015
Mr K. Valavan – Head of Highways and Infrastructure, Neighbourhoods and Commissioning, Low Hall, Argall Avenue, London, E10 7AS

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Foster

Our neighbourhood, our community, our children

Meet the Waltham Forest Fostering Team during National Fostering Fortnight 2015

- **Tuesday June 2nd** Empire Cinema 11am, **BOOKING REQUIRED** via email
- **Thursday June 4th** Walthamstow Market 9.30am – 4pm
- **Tuesday June 9th** South Chingford Community Library 11am – 4pm
- **Thursday June 11th** Walthamstow Market 9.30 – 4pm
- **Saturday June 13th** Chingford Village Festival 12 – 5pm
- **Wednesday June 17th** Town Hall information session 6.30 – 8pm

Email: fostering@walthamforest.gov.uk
www.walthamforest.gov.uk/fostering
020 8496 3668

Waltham Forest

WE'RE PROUD OF YOU

"Not only do the standards keep rising at Chase Lane Primary School, but the children are having great fun with a truly engaging creative curriculum from sports coaching by Leyton Orient and Tottenham Hotspur Football Club, to raising chicks and farm animals, to Shaking Up Shakespeare and so much more."

Carolyn Houstoun, Headteacher at Chase Lane Primary School, Chingford.

Mohammed

Lammas School and Sports College

Lammas School and Sports College, in Leyton, is in the top four per cent of non-selective state-funded schools in England – and in the top two per cent for maths and English. Mohammed Omer joined Lammas in Year 9 aged 14. At that time he spoke no English - but through focused and targeted teaching, he is now expected to leave school with 12 GCSEs all at C grade and above.

Mohammed, Year 11, said: "I have enjoyed my education at Lammas because I have benefited from the support from my teachers, especially in maths and science. It is an ideal learning environment. I hope to become a doctor one day, it is one of my life objectives and I enjoy the challenge and success that comes with this."

Ella and Deseree

Kelmscott School

Kelmscott School, in Walthamstow, strives to provide the best possible opportunity for pupils of all abilities and backgrounds to reach their full potential.

Students Deseree Allen, 15, and Ella Gibson Weekes, 14, go to Kelmscott - and the two talented teens have just secured places at the prestigious BRIT School for Performing Arts and Technology, whose alumni includes Adele and Jessie J. Both are currently preparing to sit their GCSEs.

Ella (left) said: "Ms Dempsey, my Head of Year, has always really encouraged me and given me the confidence to aim high and succeed."

Deseree (right) said: "The staff at Kelmscott have always encouraged me in my dreams and to be myself. In the future I would love to open my own Performing Arts school to help young people in the community."

www.walthamforest.gov.uk/proud

WE'RE PROUD OF YOU

PROVIDING MORE PLACES

We're providing more primary and secondary school places in the areas where demand is highest.

- Since 2008, Council investment in primary schools has created a total of 269 additional classes in 37 schools.
- Some of the primary schools that have already benefited from expansion include Chase Lane, in Chingford, Newport, in Leyton, Mission Grove, in Walthamstow, and both Jenny Hammond and Davies Lane, in Leytonstone.
- Willowfield Humanities College's capacity will increase by 300 places to 900 once its new facility in Blackhorse Road, Walthamstow, is completed in autumn 2015.

"Our aim is to be the school of choice for parents and children living in the community we serve, so the expansion in school places will enable more local children to benefit from a Willowfield education.

A larger school also means an increase in flexibility in terms of the curriculum and will enable the school to offer a wider range of subjects than it does currently, particularly at GCSE."

John Hemingway, headteacher at Willowfield Humanities College, Walthamstow.

COULD YOU BE A SCHOOL GOVENOR?

We are committed to providing all our children and young people with a world class education and need governors who share our vision.

Our school governors come from our local community and bring experience, skills and fresh ideas to their school's leadership team.

If you are interested in becoming a school governor

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SHARE YOUR SKILLS, MAKE A DIFFERENCE – BE A SCHOOL GOVERNOR

To learn more about education in Waltham Forest, visit
www.walthamforest.gov.uk/schools-colleges

Waltham Forest